

Physical Education Content Standards Review Committee

Steering Committee Meeting 2



December 3, 2025

Agenda

- Opening
 - Call to Order
 - Roll Call
- Approval of the minutes of the meeting held October 29, 2025
- Informational Reports:
 - Office of the Governor: Executive Order Number JML 25-129. Presidential Fitness Test
 - Presidential Fitness Test and physical education content standards
- New Business: Revisions to physical education content standards
Domain 1: Motor Skills Development



Agenda (cont.)

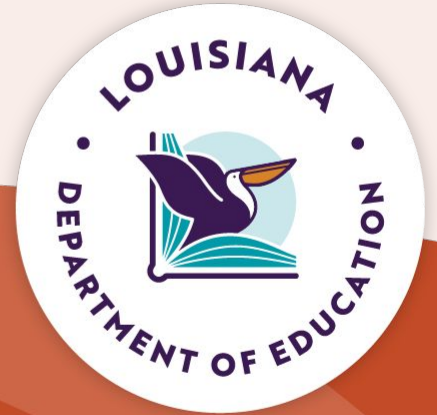
- Small Group Session: Physical education content standards grade band work groups
- Summary Report: Update from the physical education grade band work groups
- Facilitator Report: Next Steps

Opening

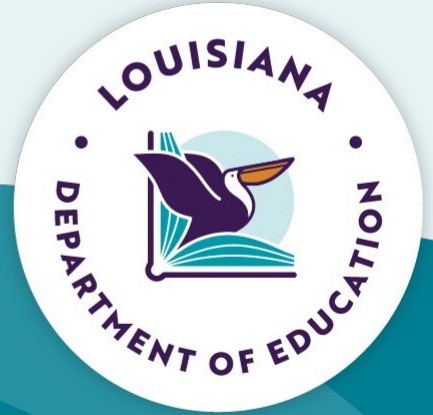
- Call to Order
- Roll Call



Approval of the minutes of the meeting held October 29, 2025



Informational Report: Office of the Governor: Executive Order Number JML 25-129. Restoring Presidential Fitness Test



Executive Order JML 25-129

- Acknowledges Presidential Executive Order 14327
- Acknowledges the current LDOE content standards review
- Directs collaborative LDH-LDOE efforts to re-establish the Presidential Fitness Test in Louisiana
- Requests appropriate integration of Presidential Fitness Test into physical education content standards



EXECUTIVE DEPARTMENT
OFFICE OF THE GOVERNOR
EXECUTIVE ORDER NUMBER JML 25-129

RESTORING PRESIDENTIAL FITNESS TEST

WHEREAS, President Donald Trump, on July 31, 2025, signed Executive Order 14327, revitalizing the President's Council on Sports, Fitness, and Nutrition, and reestablishing the Presidential Fitness Test;

WHEREAS, the order directed the President's Council on Sports, Fitness and Nutrition to develop fitness goals for young Americans to help foster a new generation of healthy, active citizens;

WHEREAS, the order directed the Council to create school-based programs that reward excellence in physical education and develop criteria for a Presidential Fitness Award;

WHEREAS, the order reestablished the Presidential Fitness Test to be administered by the Secretary of Health and Human Services;

WHEREAS, the order was issued to ensure that American youth will have opportunities at the global, national, State, and local levels to emphasize the importance of an active lifestyle, good nutrition,



Informational Report: Presidential Fitness Test and physical education content standards



Presidential Fitness Test

- Potential events: mile run, push-ups or pull-ups, sit-ups, shuttle run, etc.
- Changes to events are possible as national direction solidifies through the President's Council on Sports, Fitness, and Nutrition
- Governor's Council on Physical Fitness and Sports
 - Louisiana Governor's Games Championship Fitness Meet
 - Full participation by fourth grade
 - Continued engagement in physical activity



New Business: Revisions to physical education content standards Domain 1: Motor Skills Development



P.E. Report from October 29 Meeting

K-12 PE Work Groups

- Additional information is needed to support understanding of the PE Standards:
 - Clear definitions of key terms
 - Examples of selected concepts
 - Additional clarification to support overall understanding

Proposed Revisions to the standards in Domain 1 for kindergarten to 5th grade (Example)

Current Grade Level Expectation	Proposed Standard for Kindergarten and Grade 1	Additional Information
Kindergarten: 1.K-2.4 Kick a stationary ball	13. Kicks a ball in closed practice activities using variations of force.	Students may then progress to dribbling in the upper grade bands. The guidance document could note that dribbling may be introduced to extend learning for more advanced students, for example: “Differentiate by incorporating basic dribbling with the feet for advanced learners.”
Grade 1: Kick a ball for force using a backswing with the kicking leg and non-kicking leg stepping next to the ball with force		

Proposed Revisions to the standards in Domain 1 for Grades 6-8 (Example)

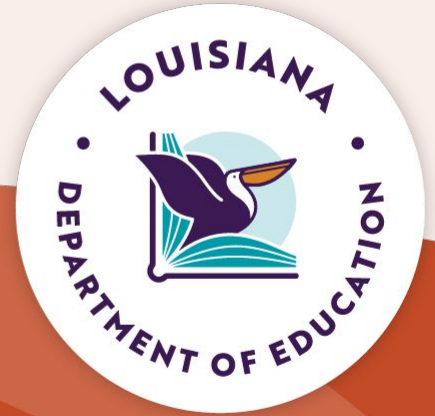
Current Grade Level Expectation	Proposed Standard for Grades 6-8	Additional Information
1.6-2.1 Demonstrates a mature passing pattern using hand, foot, or implement for accuracy during practice tasks	2. Demonstrates throwing with appropriate form for distance and/or accuracy in a variety of practice activities and small-sided games.	Adding “and/or” and switching from “mature” to “appropriate” will better suit the needs of all learners. It is also important to note that the standard can still be met even if performance is not perfect, such as in adapted physical education settings.
1.7-2.1 Demonstrates a mature passing pattern using hand, foot, or implement for distance and accuracy in small-sided games		
1.8-2.1 Demonstrates sending an object to a target in controlled practice to achieve successful game related outcomes		

Proposed Revisions to the standards in Domain 1 for Grades 9-12 (Example)

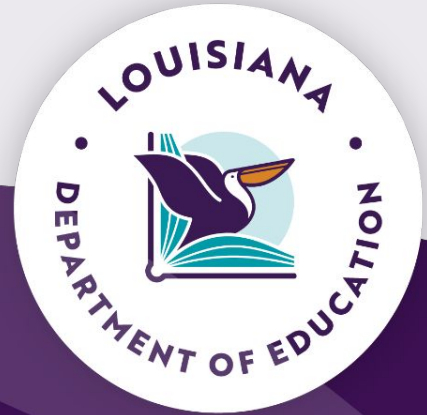
Proposed Additional Standard for Grades 9-12	Additional Information
4. Demonstrates appropriate form and technique during cardiovascular fitness activities.	Adding fitness-based standards helps ensure that students learn the skills necessary to support lifelong physical activity.

Physical Education Content Standards

Domain 1: Motor Skills Development



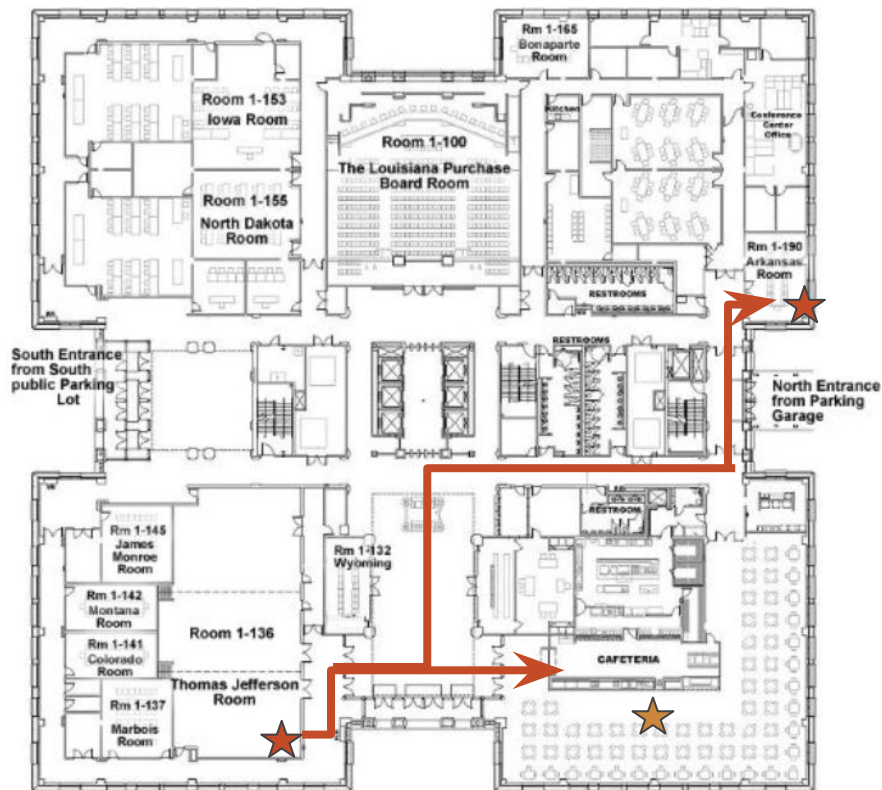
Small Group Session: Physical education content standards grade band work groups



Scope of Meetings

October 29	December 3	January 9	January 30	February 12
Overarching Domains and Domain 1	Domain 2	Domain 3 Domain 4	Domain 5	Review and Endorse the New Standards

Grade Band Work Group Locations



PE Working Group Locations

K-5

Arkansas 1-190

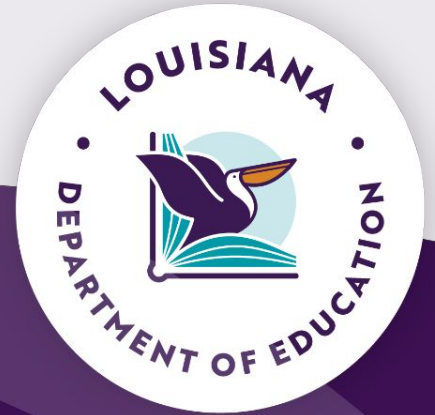
6-12

Thomas Jefferson A/B
1-136

Summary Report: Update from the physical education content standards grade band work groups



Facilitator Report: Next Steps



Scope of Meetings

October 29	December 3	January 9	January 30	February 12
Overarching Domains and Domain 1	Domain 2	Domain 3 Domain 4	Domain 5	Review and Endorse the New Standards

Upcoming Meetings

Meetings are scheduled to convene in the Claiborne Building in Baton Rouge from 9 a.m. until 3 p.m. on the following dates:

Schedule	Date
Meeting 3	January 9, 2026
Meeting 4	January 30, 2026
Meeting 5	February 12, 2026
<i>Meeting 6 (Tentative)</i>	<i>February 25, 2026</i>