

# LOUISIANA SCHOOL PHYSICAL ACTIVITY Award

## 2025 LOUISIANA SCHOOL PHYSICAL ACTIVITY AWARD HONOREES

The Louisiana Department of Education recognizes healthy and physically active students tend to have better grades, school attendance, cognitive performance, and classroom behaviors. Additionally, schools play a vital role in allowing students the opportunity for regular physical activity before, during, and after school. The Department honors exemplary schools through the [Louisiana School Physical Activity Award program](#) to recognize outstanding public elementary and secondary schools implementing an outstanding physical activity program.

*Congratulations to these outstanding schools!*



**PLANTATION PARK  
ELEMENTARY SCHOOL**

**Plantation Park Elementary School (K–5)** promotes movement, teamwork, and community through dynamic PE and extracurricular programs. Students attend PE classes multiple times a week, building skills, confidence, and a love for an active lifestyle. Coaches Brown and Falting lead an after-school intramural program that offers soccer, basketball, and the beloved Tumbling Team—an over 30-year tradition that is free and open to dedicated students, featuring community performances and multi-generational involvement. Gaga Ball Pits on two recess yards provide daily fun and fitness thanks to a local church. Physical activity extends to staff and families, especially during the spirited annual Field Day, featuring competitions and games like Target Bombard. Plantation Park’s commitment to wellness is evident in its inclusive approach, strong family partnerships, and focus on character and lifelong health. Through tradition and innovation, the school fosters an energetic, engaged environment where every child can thrive.



**HOMER HIGH  
SCHOOL**

**Homer High School (9– 12)** promotes physical activity through daily physical education classes, health instruction, and robust athletic programs. Led by Certified Health and Physical Education teachers Richie Casey and Lafrance Cooper, all students engage in PE, with student-athletes receiving specialized training during the school day. The school ensures inclusivity with adaptive PE and modified activities for students with health conditions. Extracurricular offerings include football, basketball, cheer, dance, softball, baseball, and track and field, with teams training before and after school. Community support enhances the program through donated meals, upgraded equipment, and strong attendance at events. Teachers integrate activity breaks into extended classes, and a mentorship program supports student success and sports eligibility. With a culture rooted in excellence, marked by state titles, playoff runs, and college-bound athletes, Homer High demonstrates how movement, community, and mentorship build confident, well-rounded students ready for lifelong achievement.

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**EAST FELICIANA  
STEAM ACADEMY**

**East Feliciana STEAM Academy (EF STEAM)**, serving grades 6–8, promotes lifelong physical activity through the daily integration of health and physical education. Students receive at least 150 minutes of structured physical education (PE) each week, aligned with Louisiana standards and focused on skill development, teamwork, and inclusive participation. Activity-based modules, such as volleyball and bowling, help students apply fitness to their everyday lives. Partnering with RKM Primary Care, the school ensures accommodations for students with disabilities and health conditions. Nearly 50% of students participate in interscholastic sports, with equal gender representation and after-school support. Physical activity extends beyond PE to STEM-based gardening and farm management projects. The staff models healthy lifestyles, reinforcing a wellness culture. Community partnerships, student leadership, and an inclusive environment make fitness fun and accessible. EF STEAM empowers students to build confidence, teamwork, and a lifelong love of movement through a holistic approach to wellness.



**SOUTH LIVE OAK  
ELEMENTARY SCHOOL**

**South Live Oak Elementary School (K–4)** champions health and wellness through an innovative, inclusive physical education program. With daily 30-minute PE classes, students participate in structured activities that promote lifelong fitness. Students are introduced to healthy food choices through the Pick A Better Snack Program. Programs like Mileage Mondays, the EZScan running club, and Wellness Wednesdays teach healthy habits and track progress with fun incentives. Movement is woven into daily routines through brain breaks, active transitions, and recess. Special events, including Jump Rope for Heart, the March of Dimes 1-mile walk, and a color run, keep physical activity fun and engaging. Community and family involvement shine through kickball tournaments, fitness challenges, family nights, and after-school clubs. The program supports all students with adaptive strategies and guidance from APE teachers. Staff wellness is also a focus, with activities such as after-school workouts and Anything Goes, a field day type day in which teachers and students participate. South Live Oak proudly leads the way in student fitness, wellness education, and school-wide movement culture.

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**NEW ORLEANS  
MILITARY & MARITIME  
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**The New Orleans Military and Maritime Academy (NOMMA)**, serving grades 8-12 and requiring 100% participation in the Marine Corps Junior Reserve Officers' Training Corps (MCJROTC), has been recognized as a Physical Activity Award Honoree for its strong commitment to fitness, health, and resilience. All 940 cadets participate in weekly MCJROTC physical training (PT), athletics, and intramural sports, with 634 involved in additional specialized fitness activities. The program is inclusive and adaptive, tailoring activities to individual abilities and conditions along with tracking progress through the MCJROTC Youth Fitness Test. Cadets who excel are rewarded with recognition, certificates, and opportunities for promotion within the MCJROTC structure. In addition to traditional high school athletics, NOMMA offers a wide range of physical challenges, including the Physical Fitness Team, Raider Team, Tug of War Team, and the Commandant's Cup. Wellness education extends beyond physical fitness to include nutrition, mental health, and substance use awareness. NOMMA fosters strength, discipline, leadership, and a lifelong commitment to wellness—preparing cadets for success in whatever career path they choose.



**BONNE ECOLE  
ELEMENTARY SCHOOL**

**Bonne Ecole Elementary School** promotes student health and wellness through a dynamic physical education program for Pre-K to 6th grade. With PE classes twice a week—and an extra session for select 5th and 6th graders—students build skills in teamwork, sportsmanship, and movement. The curriculum includes a variety of activities and adapted instruction to support students of all abilities. Beyond class, students participate in before- and after-school programs such as dance, jump rope, and sports clubs. Bonne Ecole also has in-school clubs, including pickleball, line dancing, running, walking, and general sports clubs, allowing students to learn about and participate in these activities and/or games. Signature events, such as the Physical Fitness Test, mini-Olympics, and District Fitness Meet, showcase fitness achievements. The school also incorporates brain breaks, mindfulness, and community events like family fun runs and mentorship programs to support whole-child wellness. Bonne Ecole's inclusive and encouraging environment empowers students to develop confidence, leadership, and lifelong healthy habits, setting a strong example of excellence in student fitness and well-being.