

Office of Career and College Readiness

School Physical Activity Award Overview

Purpose

The Louisiana Department of Education recognizes healthy and physically active students tend to have better grades, school attendance, cognitive performance, and classroom behaviors. Additionally, schools play a vital role in allowing students the opportunity for regular physical activity before, during and after school. To recognize outstanding public elementary and secondary schools that are implementing an outstanding physical activity program, the Department will be recognizing and honoring exemplary schools through the School Physical Activity Award program.

Applications

Through February 20, 2024, [applications](#) are being accepted for elementary and secondary public schools that are demonstrating a [comprehensive physical activity program](#) (CSPAP). A CSPAP is a multi-component approach by which school districts and schools use all opportunities for students to be physically active, meet the recommendations of physical activity each day, and develop the knowledge, skills, and confidence to be physically active for a lifetime. A CSPAP reflects strong coordination and synergy across all of the components: physical education as the foundation; physical activity before, during, and after school; staff involvement; and family and community engagement.

Criteria

Schools must demonstrate physical activity throughout the day that includes:

- Physical education
- Physical activity before and after school
- Physical activity during school hours
- Family and Community engagement activities
- Staff involvement

Timeline:

The following outlines the nomination and application process through recognition of finalists.

Date	Activity
January 5, 2024	Application window opens
February 2, 2024	Application window closes
February 12-28, 2024	School applicants are screened
March 20, 2024	Eight finalists announced
April 10, 2024	School Physical Activity Award honorees are recognized at BESE

Please contact healthyschools@la.gov with questions.