

# LOUISIANA SCHOOL PHYSICAL ACTIVITY Award

## School Physical Activity Award Application

The Louisiana Department of Education recognizes healthy and physically active students tend to have better grades, school attendance, cognitive performance, and classroom behaviors. Additionally, schools play a vital role in allowing students the opportunity for regular physical activity before, during, and after school. To recognize outstanding public elementary and secondary schools that are implementing an outstanding physical activity program, the Department will be recognizing and honoring exemplary schools through the School Physical Activity Award program.

**An exemplary school for the School Physical Activity Award demonstrates physical activity throughout the day that includes:**

- Physical Education Classes
- Physical Activity Before and After School
- Physical Activity During School Hours
- Family and Community Engagement Activities
- Staff Involvement
- Additional Exceptional Work

**District and state-level application process:**

- School systems may use this application or select their process for identifying their honorees to submit to the state-level competition. School systems using this application may streamline the process for their local-level competition.
- All application materials should be saved electronically for future reference.
- State-level applications are due in the online application portal by **Monday, December 9, 2024**.
- School systems will be notified when the state-level online application portal opens.

**A complete state-level application includes:**

- Basic applicant information
- Responses to the written reflection questions
- Parent or community testimony (letters of recognition) regarding involvement in your physical activity program
- An example of a “Success Story” of your physical activity program
- [Candidate consent form](#)
- [Student consent forms](#) (Needed for each student included in the application, such as in video/photos/etc.)
- Supplemental materials may be submitted to accompany the written responses and application. (Optional)
  - o These materials may be in any format, such as a chart, news article, video, photos, etc. Please label all materials accordingly to clearly reflect the task they are accompanying.

LOUISIANA

# SCHOOL PHYSICAL ACTIVITY

## Award

### I. SCHOOL SYSTEM COORDINATOR/CONTACT INFORMATION

**Coordinator/Contact Position/Title:**

**Coordinator/Contact Prefix:** (Mr., Mrs., Ms., Dr.)

**Coordinator/Contact Name:** (first, last)

**Coordinator Phone Number:** (cell preferred)

**Coordinator Email Address:**

### II. SCHOOL AND SCHOOL SYSTEM INFORMATION

**School System/District Name:**

**Region:** [View Regions here.](#)

**School Name:**

**Grades Served:**

**School or School System Mailing Address:** (street, city, state, zip code)

**Link on [Louisiana School and Center Finder](#):**

**Principal Prefix:** (Mr., Mrs., Ms., Dr.)

**Principal's Name:** (first, middle, last)

**Phone Number:** (cell preferred)

**Preferred Email Address:**

### III. WRITTEN REFLECTION QUESTIONS: In 500 words or less, respond to each of the following writing prompts.

1. **Physical Education Classes:** Describe how physical education is provided at your school.
  - a. How does your program make necessary accommodations and modifications to maximize participation for all students, including those with disabilities and chronic health conditions?
2. **Physical Activity Before and After School:** How have you implemented physical activity before and after school?
3. **Physical Activity During School Hours:** How have you implemented additional physical activity throughout the school day outside of physical education?
4. **Family and Community Engagement Activities:** How has family and community engagement been engaged in supporting physical activity?
5. **Staff Involvement:** How is your school staff involved in supporting the culture of increasing physical activity at school?
6. **Additional Exceptional Work:**
  - a. These materials may be in any format, such as a chart, news article, video, photos, etc. Please label all materials accordingly to clearly reflect the task they are accompanying.

**Resources:** [Awards page](#) and [Resources Library](#).

**Questions:** [healthyschools@la.gov](mailto:healthyschools@la.gov)