



Teaching Video Guide

2025-2026

The teaching video should not exceed 15 minutes and may be edited.

Suggested time for each segment is included, but the candidate may utilize the time as needed. Teaching may take place in person, virtually, and/or be hybrid.

VIDEO PART I - DESCRIPTION OF LESSON + PASSION STATEMENT

Suggested Time: Two – three minutes

Talk directly into the camera and **set the context** by stating the following-

1. Your name, school, district, and tell what you are most passionate about as an educator.
 - For ex., “My name is Mary Smith and I teach at West Side High School in Allen Parish. As an educator, I am most passionate about...” (Note- The issue you are passionate about does not have to relate to the lesson.)
2. Grade level of students in the video
3. Content being taught and curriculum used
4. Lesson objective(s)/expectations
5. Include the following (as applicable)-
 - what happened prior to this lesson, including how you prepared to teach the lesson
 - how this lesson connects to your overall goals
 - important information about students in the class
 - adaptations you’ve made to support all learners
 - anything else that is relevant for the selection panel to know

VIDEO PART II - CLASSROOM LESSON

Suggested Time: Approximately ten minutes

This segment may be edited.

The selection panel will be looking for evidence of the following-

1. Effective classroom management
2. High student engagement and innovative techniques that reach all students regardless of teaching platform
3. Utilization of high quality curricula and resources
4. Checking for understanding

VIDEO PART III - DEBRIEF OF LESSON

Suggested Time: One – three minutes

Debrief the lesson by explaining the following (as applicable)-

1. Were your lesson objective(s) met? How do you know?
2. Is there anything you would do differently next time? If so, why and what impact might this have?
3. What happened/will happen after the teaching segment in the video?
4. Anything else that is relevant for the selection panel to know?

SAMPLE VIDEO

- Regena Beard, 2026 Louisiana Teacher of the Year
 - [Elementary School, Science Lesson](#)