



Teaching Video Guide

2026-2027

Teaching Video Overview

The teaching video is an opportunity to demonstrate excellent teaching in an authentic classroom setting. Rather than creating a perfect lesson, candidates should select a lesson that reflects who they are as educators and demonstrates how they intentionally plan for, facilitate, and respond to student learning.

The video:

- Should not exceed **15 minutes**.
- May be edited to highlight the most representative portions of instruction.
- May be recorded in an in-person, virtual, or hybrid learning environment.
- Should demonstrate the candidate's instructional decision-making, interactions with students, responsiveness to student learning, and reflection on teaching and learning.

The suggested times below are recommendations only. Candidates may adjust the time allotted to each section while remaining within the 15-minute limit.

Video Part 1- Lesson Context and Instructional Decisions

Suggested Time: 2–3 minutes

Begin the video by speaking directly to the camera and briefly introducing yourself and the lesson. Use this opening segment to provide the context reviewers need to understand the instructional choices they are about to see. **Explain what you planned, why you planned it that way, and how you anticipated students would engage and demonstrate rigorous learning.**

Think of Part 1 as answering: “What did you plan, why did you plan it this way, and what did you anticipate students would need to be successful?”

In this opening segment, consider:

- What are students learning?
- Who are these learners?
- Why did you design the lesson this way?
- How did you plan for students to be successful?
- What should reviewers know before watching?

Video Part 2- Teaching and Learning in Action

Suggested Time: Approximately 10 minutes

Provide approximately **10 minutes of classroom instruction** that shows your instructional decisions in action and gives reviewers **direct, observable evidence of how students respond, think, engage, and learn.**

Think of Part 2 as answering: “What happened when you taught?” Select classroom footage that allows reviewers to see:

- **Rigorous learning** — Students engaging in meaningful, intellectually challenging learning aligned to the intended learning.
- **Instructional expertise** — Purposeful use of content knowledge, high-quality instructional materials, questioning, discussion, modeling, or other strategies that support student learning, as appropriate for the lesson.
- **Responsive teaching** — The teacher monitoring student thinking and learning, providing feedback, and adjusting instruction or support based on what students demonstrate.
- **Student thinking and ownership** — Students thinking, reasoning, applying knowledge, collaborating, problem-solving, discussing, or otherwise taking an active role in their learning.
- **Learning environment** — A respectful, supportive environment with clear expectations, effective routines, and conditions that allow students to engage meaningfully in learning.

You do not need to demonstrate every aspect of excellent teaching in the selected footage. Choose the portion of the lesson that provides the strongest, most authentic evidence of your instructional practice and student learning.

Video Part 3- Instructional Reflection

Suggested Time: 2–3 minutes

Following the classroom segment, speak directly to the camera and **reflect on what you learned** from the evidence of student learning and **how that learning will inform your practice.**

Think of Part 3 as answering: “What did you learn from the evidence, and what will you do next?” Use specific evidence to evaluate student learning, explain the impact of your instructional decisions, and show how reflection informs your continued growth.

In your reflection, consider:

- What did students learn?
- What did the evidence reveal?
- What worked, and why?
- What would you change?
- What will you do next?
- What does this reveal about you as an educator?

Ground your reflection in specific evidence of student learning. Focus on what the evidence tells you — not simply on what happened during the lesson.

Sample Videos

- 2026 Louisiana Teacher of the Year, Regena Beard

- [Elementary School, Science Lesson Video](#)
- 2027 Louisiana Teacher of the Year, Alisha Butler
 - [High School, Dual Enrollment Lesson Video](#)