

Learning to Read (Foundations of Reading)

Use the charts to choose a suggested activity for each component of Foundations of Reading. You may choose a different activity each day or repeat the same activity based on your child’s needs.

Working with Sounds (Phonemic Awareness): at least 5 min daily

Working with Sounds	Demonstration Video	Materials
Sing nursery rhymes together.	Nursery Rhymes	Nursery Rhymes Nursery Rhymes: PBS Online
Play “I Spy” but use sounds instead. “I spy something that begins with the sound /m/.” Have your child do the same.	“I Spy”	“I Spy”
Have your child clap the syllables they hear in the word you say: tree (1 clap), muf-fin (2 claps), el-e-phant (3 claps), *you can do this anywhere with any word	Counting Syllables	Syllables Syllables: PBS Online

Working with Letters and Words (Phonics): at least 5 min daily

Working with Letters	Demonstration Video	Materials
Find letters in your environment and identify letter name and have your child tell you the sound	Finding Letters	
Have your child practice writing letters with everyday items: cheerios, salt, sugar, shaving cream, play-dough, pipe cleaners, chalk, Q-tip or paintbrush dipped in water on concrete/sidewalk	Practicing Letters	

Working with Words	Demonstration Video	Materials
Go on a word hunt. Give your child a beginning sound and have them go find 5 items that begin with that sound and write the word. Say: “Find 5 things that begin with the sound /m/”. (mop, mat, mom, money, mattress) For older students, use blends (bl, fl, br) to go on a word hunt. (blanket, blue, blood, blizzard)	Going on a Word Hunt	
Practice reading decodable and high-frequency words		Word List
Practice blending simple words by first writing the word on a piece of paper and then saying the sound at the beginning and working through all the letters to join the sounds together to make the word: tap “how does this word start?” /t/ “Then what is the next sound?” /a/ “And then what sound comes next?” /p/ “What happens when you put them together?” /ttaa/ “What’s the word?” Tap!	Practicing Blending Words	Word List

Practice Reading (Fluency) and Understanding What You Read (Comprehension): at least 15 min daily

Practice Reading	Demonstration Videos	Materials
Have your child practice reading decodable books independently or to you. Choose the aligned spelling pattern your child is currently working on. Use the previous decodable readers for extra practice.	Reading Decodable Books	Decodable Books
Have your child practice reading books in different voices: cowboy voice, princess voice, or mouse voice.	Reading Voices	

Understanding What You Read	Demonstration Video	Materials
Take a picture walk before reading the book to your child or them reading to you	Picture Walk	
Ask your child who, what, when, where, and why questions in general conversations or about a book	5 Questions	5 Questions