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# LOUISIANA EARLY CHILDHOOD Key Training Modules:

**Conducting In-House Professional  
Development Using Video  
Self-Assessment and Feedback**

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Louisiana State University



# **Welcome, Session & Group Introductions**



# Learning Objectives

# LEARNING OBJECTIVES

- Understand the importance of self-reflection for professional growth and development
- Understand the importance of using a framework when using self-reflection
- Learn the logistics in using video to self-reflect and increase teacher efficacy
- Create framework and assess video in consideration of the framework
- Develop an action plan, using the strategies discussed, to implement video self-reflection into their own classroom

# BINGO

## Introduction

### Activity

B	I	N	G	O
I have 3 or more kids.	I know what NAEYC stands for.	I have grand children.	I know what ECERS stand for.	I have read the NAEYC DAP book.
I am married.	Visited another teacher's classroom this year	I can name 2 child assessment tools.	I am excited about using video self-reflection	I have more than 2 siblings.
I have been on an airplane.	I have worked at in EC for more than 5 yrs.	<b>Free Space</b>	I know the procedure for child injury.	I am comfortable singing in front of others & will prove it by singing now.
I have an EC Pinterest account	I enjoy working in my garden.	I know the procedure for Lock Down.	I have vacationed out of the state.	I know what ITERS stand for.
I have lived somewhere other than Louisiana.	Name 3 teachers you admire.	I am reading a book about child development.	I have well developed classroom centers.	I am an only child.





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**What is Self-Reflection?  
How Does it Impact Teacher Performance?**

The background of the slide is a watercolor-style wash of colors, primarily purple, blue, and green, with a textured, paper-like appearance. A large, white, semi-transparent circle is centered on the left side of the slide, framing the title text.

# Self-Reflection

“Reflection is an important human activity in which people recapture their experience, think about it, mull it over and evaluate it. It is this working with experience that is important in learning.”

# WHAT IS SELF-REFLECTION?

## **SELF-REFLECTION**

- A method for supporting developmentally appropriate practice and new behaviors.
- Cornerstone of teacher quality initiatives such as the National Board for Professional Teaching Standards

Self-discovery allows for personal insight into one's character, motivations, or needs.



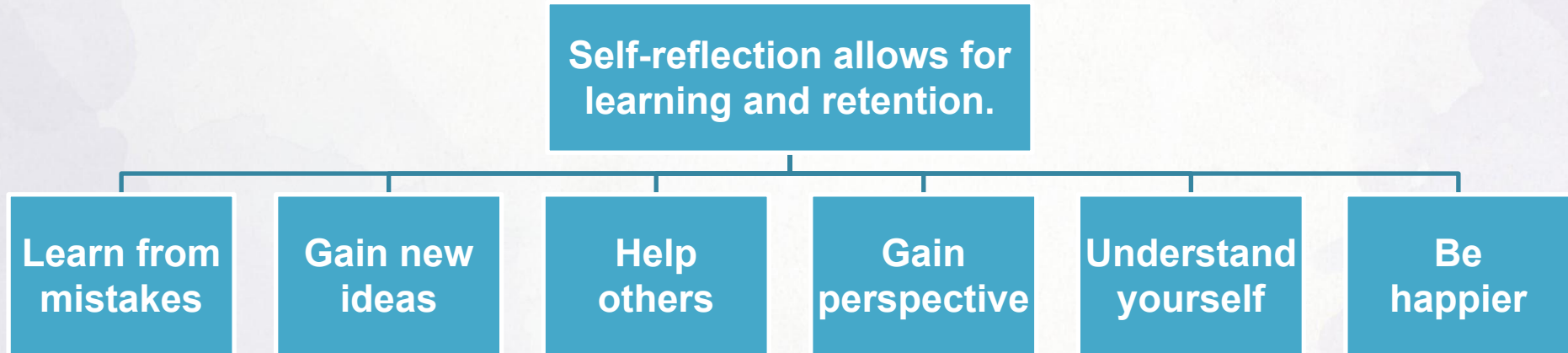


# NEEDS OF AN ADULT LEARNER

- *Principles of adult learning* in practice describes the principles of adult learning – process of adults gaining knowledge and expertise.
  1. The need to know,
  2. Previous foundational knowledge,
  3. Readiness,
  4. Orientation to learning,
  5. Motivation, and
  6. Self-concept.
- Self-discovery allows for personal insight into one's character, motivations, or needs
- Empowerment

# WHY SELF-REFLECT?

Self-reflection has been documented in literature as a method for supporting developmentally appropriate practice and new behaviors.





# SELF-REFLECTION

*“We do not learn from experience, we learn from reflecting on experience.”*

*John Dewey*

# SELF-REFLECTION





# Teacher Reflective Practice



# Research on Video Self-Reflection



# EFFECTIVE SELF-REFLECTION

- Unproductive Reflection
- Productive Reflection

While watching your video you are not only looking for occurrences of those behaviors, you are also looking for *opportunities* when you could have used those behaviors.

# QUESTIONS FOR CONSIDERATION

How can we improve our teaching practice?

- Individually using video self-reflection
- Collaboratively using video feedback coaching

# BENEFITS OF VIDEO SELF-REFLECTION

- Low labor-intensive intervention
- Cost effective
- Promotes a “Professional Learning Community” among teachers
- Can increase teacher’s use of high-quality interactions and practices
- Demonstrated to improve child outcomes

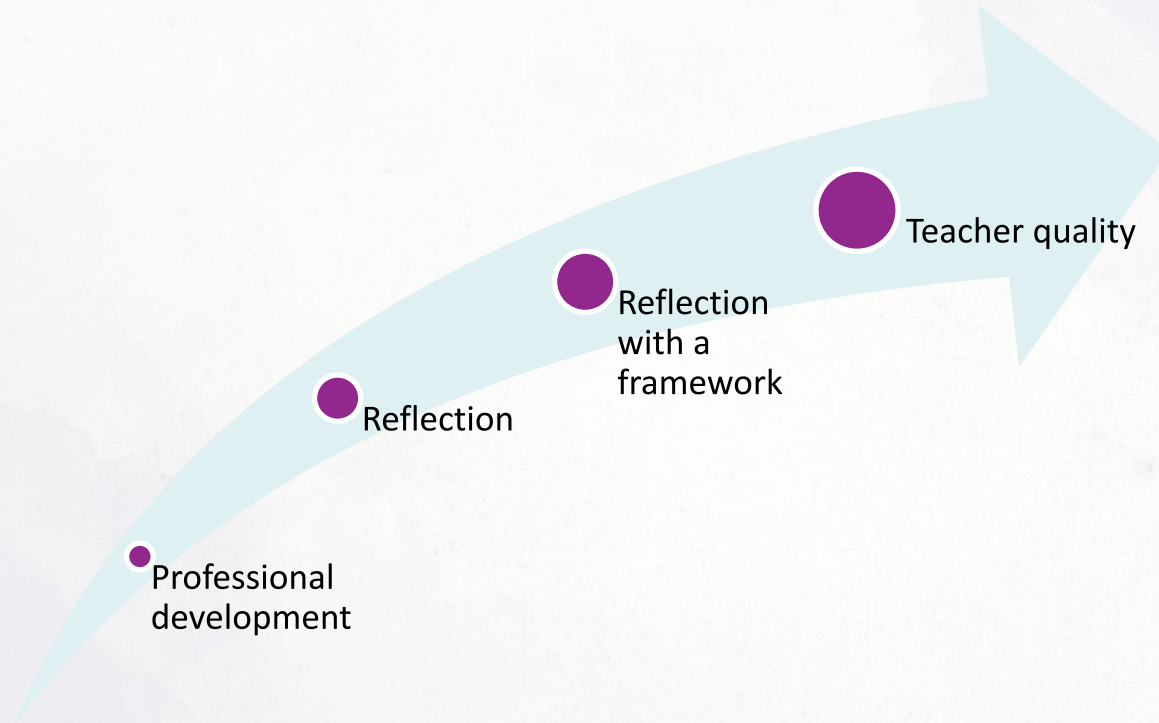


# TEACHERS REFLECTION ON VIDEO

- “These videos have helped me feel more comfortable when people come in to observe as I would always be nervous before.”
- “...helps to see what we have done...” or “...I could have done that...I didn’t think of that.”
- “I have really enjoyed this [video process]...and...the [video voiceover] feedback.”
- “...was not expecting to [be videotaped] today [and she was] glad...because [the researcher was] able to see what I do every day.”

# Overview of Supporting High-Quality Interactions

# WHAT IS THE “BIG PUSH” IN EARLY CHILDHOOD EDUCATION?





# Planning for Video Self-Reflection

# VIDEO SELF-REFLECTION

Video Self-Reflection: Teachers reviewing themselves in the classroom in order to assess their teaching style and lesson plans.

- Don't we all ask questions at the end of a year or beginning of the New Year?
  - What made this year good?
  - What do I want to change for next year?
- What questions can you ask about your teaching practices?



# TED® TALK





# IMPLEMENTING VIDEO SELF-REFLECTION

- Need a guiding framework to organize your self-reflection.
- Creating, evaluating, analyzing, applying, understanding, remembering.
- Can focus on both teaching practice and children's responses to your teaching practices.

# TAKING CONTROL OF YOUR PROFESSIONAL DEVELOPMENT

**"It was not that bad. Sometimes I did roll my eyes when [I knew I was being recorded]; but it was worth it."**



**"...when I know I am going to be observed, I worry all week about what I am going to do."**



# First Small Group Activity

- What are barriers to using video as a means for self-reflection?
- How will you decide when to record a teaching sample?
- Logistics



## Second Small Group Activity

- Identify Framework Criteria for **Video Observation Sheet**
- Watch [video](#) and take notes
- Transfer notes to the **Video Observation Sheet**
- [Screencast-O-Matic](#)
- Sample: Voiceover Feedback with [Screencast-O-Matic](#)

# DISCUSSION

- What would your framework look like?
- Strategies for developing a professional learning community within your center.
  - Partner teachers' viewing each other's teaching samples
  - Highlighting exemplars
  - Developing professional development around teacher exemplars
- Develop an action plan.

# Session Review



# REVIEW LEARNING OBJECTIVES

- Understand the importance of self-reflection for professional growth and development
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**Reflections,  
Questions, &  
Comments**





**Please complete the  
Post-Assessment  
Evaluation.**

**Thank you!**

