



Act Right / Dress Right Exercise Description

Act Right / Dress Right is a multi-day exercise that gives students positive reinforcement when they exhibit professional behaviors with selected school administrators, teachers and visitors.

Act Right / Dress Right is all about **positive reinforcement**. There are no penalties and no negative input. There are only opportunities for students to get positive reinforcement when they exhibit appropriate adult / workplace behaviors.

Exercise Overview

Students participate in the ***Act Right / Dress Right*** exercise over three weeks, on days designated by their teacher.

On those days, selected school administrators, teachers and visitors will wear an “AR / DR” badge that indicates they are participating in the exercise as judges.

Each judge is provided with two sets of coupons: 1) ***Act Right*** coupons; and 2) ***Dress Right*** coupons.

The ***Act Right*** coupons come in three values:

- Student Engages: 1 point
- Student Engages – Effective: 2 points
- Student Engages – Excellence: 3 points

The ***Dress Right*** coupons only have one value: 1 point. (We don’t want to discourage students who have limited wardrobe options.)

Students earn points by approaching and engaging a judge.

As indicated in the student instructions, students must: a) introduce themselves; b) describe their career interests; and c) ask the judge a single question.

*After the interaction, the judge provides the student with the **Act Right** coupon of the value they think is appropriate for the quality of that engagement. The judge may also provide a **Dress Right** coupon if, in the judge’s opinion, the student’s appearance is workplace-appropriate.*

Students aggregate points based on the number of coupons they receive. Students control the number of points they achieve since they can engage as much or as little as they like.

As indicated in the Student Preparation Sheet, there are writing assignments integrated with each day of the ***Dress Right / Act Right*** exercise.