

Suggested Timeline: 10 Days

#### **Unit Focus:**

brand, design a vision board, and create a student success plan. These performance tasks will allow students to define personal and career goals and outline the steps Unit 1 helps students develop self-awareness about their future selves and career aspirations. Students will examine their personal strengths as they develop a personal needed to meet and exceed their stated goals.

# Stage 1: Desired Results (both skills-based and concept-based

#### Big Ideas:

of the individual. Self-reflection, an important habit of mind, supports the overall growth and happiness

#### **Essential Questions:**

- How will I use my knowledge of self to take steps toward my personal
- What do effective people do to identify and overcome obstacles in their personal life and/or career?
- How will I use my strengths and values to help shape my future self?
- What are my values and career aspirations?
- How do I learn best?
- How can I apply my skills to improve my future self?
- What is my **leadership** style?
- How do my leadership characteristics help me achieve my personal and professional **goals**?

### Students Will Know and Be Able To...

- develop a personal and career goal that accurately reflects their interests, abilities, and talents
- demonstrate their individual strengths and leadership style as they build a positive self-concept
- apply their personal value system to develop personal and career goals.
- use their personal strengths to establish goals and define ways they can continuously improve by building on their strengths.
- identify their personal learning style and apply appropriate learning strategies to build self-awareness.
- define the characteristics of a leader and apply their personal leadership style to achieve a goal.









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Goals	
College, Career, and Life Readiness Competencies:	Louisiana K-12 Student Standards English Language Arts
1. Applied Knowledge	Speaking and Listening Standards, Grade 8
<ul> <li>Critical Thinking skills: thinking critically, thinking creatively, making sound decisions, solving problems, reasoning, planning and organizing.</li> </ul>	groups, and teacher-led) with diverse partners on grade 8 topics, texts,
Career Navigation Skills: maintaining knowledge of industry sectors and pathways	and issues, building on others' ideas and expressing their own clearly.  Reading Standards for Informational Text, Grade 8
2. Relation Skills and Personal Attributes	RI 8.1: Cite the relevant textual evidence that most strongly supports
<ul> <li>Interpersonal Skills: working well with others, exercising leadership, resolving</li> </ul>	an analysis of what the text says explicitly as well as inferences drawn
conflict through negotiation, and respecting individual differences	from the text.
<ul> <li>Personal Qualities: demonstrating responsibility and self-discipline, adapting and</li> </ul>	Speaking and Listening Standards, Grades 9-10
showing hexibility, working independently, and displaying a positive attitude and	discussions (one-on-one, in groups, and teacher-led) with diverse
2 Everything and Communication Stills	partners on grades 9–10 topics, texts, and issues, building on others'
	ideas and expressing their own clearly and persuasively.  Reading Standards for Informational Text. Grades 9-10
	RI.9-10.1: Cite relevant and thorough textual evidence to support analysis of
strengths, and weaknesses and to determine effective means to overcome obstacles that could derail the achievement of established goals.	what the text says explicitly as well as inferences drawn from the text.
Additional Competency(s):	
Critique and Revision	
Supports for Diverse Learners:	Targeted Career Cluster(s):
<ul> <li>Provide notes and readings ahead of time that include additional details and hackground information. Highlight any key points or topics and make notations.</li> </ul>	
to provide background information.	
Provide additional support for vocabulary	
<ul> <li>Preview the text or topic and identify vocabulary or sentence structures</li> </ul>	
that might be new for the students.	
thom in their potebooks or on index conditional lave students write	
<ul> <li>Use visuals, acting, translation or synonyms to relay the meaning of the</li> </ul>	



word to the students.







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Goals	
<ul> <li>Reinforce the newly learned language by asking the students to draw it,</li> </ul>	
act it out, or use it in an appropriate sentence.	
<ul> <li>Model directions and use gestures to support their understanding.</li> </ul>	
<ul> <li>Use checklist for modifying lesson plans.</li> </ul>	
Refer to Guidebook for Supporting Students with Disabilities and English Learner	
Guidebook as needed.	

# Stage 2: Assessment/Evidence of and for Student Learning

# Curriculum-embedded Performance Task(s)/Project(s) Description:

# Performance Task 1: Personal Brand and Vision Board

#### Students will

- complete an online self-assessment to help identify and build upon their personal strengths,
- develop their own personal and career goal statements,
- develop a personal brand, which includes identification of their strengths and active steps they will take to achieve personal and career goals;
- create a **vision** board that synthesizes their personal and career **goal** statements and includes and reflections on their strengths and values; artifacts collected during the unit, including research on potential careers, personal interests,
- incorporate quotes, people, programs, projects, and/or images into the vision board that reflect the ways they will apply their strengths to overcome obstacles;
- articulate to their peers why they chose their artifacts;
- present their **goal** statements and **vision** boards to a small group of peers,
- provide feedback to peers using the performance task rubric as a guide

### Performance Task 2: Student Success Plan

#### Students will

- apply their personal and career goal statements to create a student success plan;
- personal and career goals; identify opportunities for in-school and out-of-school learning opportunities to achieve their
- identify and map their support network to help overcome obstacles and define potential
- apply their strengths to overcome potential challenges

#### **Formative Checkpoints:**

- Class Discussion—class discussions throughout unit
- Teacher Observation—student progress on performance
- Self-Awareness Assessments—identification of strengths and interests
- Exit Ticket(s)—reflections on the identification of strengths demonstration of their engagement in class discussion and values in relation to the course competencies;
- pitches, on the vision board, and about resiliency teacher's questions in mock interviews and elevator develop their personal value system; responses to **Question Responses**—student response to questions to

Personal Career and Goal Statements—personal brand

includes both a personal goal statement and a career goal

- work, mock interviews, and personal brand statements Peer Feedback—feedback on vision board, classmate statement
- Reflection Paragraph(s)—personal and career goal









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	Stage 3: Learning Plan Overview
Lessons	Lessons Overview
Lesson One: My	Day 1: Students set norms for class discussion, and examine how to be respectful of others. Students complete an icebreaker activity to know their
Strengths and Values	peers and about the positive characteristics they bring to group activities. Students reflect on the values displayed by their peers and identify which
•	value statements shared by their peers match their self-perception and which value statements do not match theirs. Students take an online self-
2 days	<b>assessment</b> and divide into groups of three or four based on their identified domain. Student groups discuss common characteristics identified during the <b>self-assessment</b> to build a list of strengths and document their strengths on an exit ticket.
	<b>Day 2:</b> Students reflect on and share their list of strengths with a classmate. Students develop a common definition of the word <b>values</b> and discuss how specific examples vary by student. Students watch a video about values and establish the priority their <b>values</b> have in their lives. Students will discuss their responses to the stated questions and share their <b>values</b> list with a partner.
Lesson Two: My	Day 1: Students read an article on building their personal brand and discuss how their strengths and values are important to building their personal
Personal Brand and	brand and how establishing goal statements is essential to defining a personal brand. Students work independently to write personal and career
Vision	goal statements and capture feedback from peers on how to edit them. Students work independently to write a 30-second elevator pitch that
	defines their personal and career <b>goals</b> as part of their <b>personal orang</b> and conduct mock interviews to help their peers practice presenting their
2 days	elevator pitch. Students finalize their personal and career <b>goal</b> statements.
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	goals and having clear goal statements. Students work independently to begin the creation of a vision board that defines their personal goal
	statement and career <b>goal</b> statement.
Lesson Three: How I	Day 1: Students complete a learning style exercise that defines visual, auditory, kinesthetic, and tactile learning. Students reflect on the different
Learn	learning styles and which learning style best matches their own personal style. Students identify the activity best suited to their own personal style
	and why. Students discuss how different learning strategies can be incorporated into their personal and career goal statements and write a
1 Day	reflection on their learning styles and how they can incorporate learning styles into the achievement of their personal and career <b>goal</b> statements.
Lesson Four: How I	<b>Day 1:</b> Students watch a video and discuss characteristics of a leader and the first follower. Students identify common characteristics of leaders and
Lead	match those characteristics with their stated strengths. Students write a reflection on their leadership styles and how they can incorporate
1 Day	how their vision board reflects those goals to a small group of students. In small groups, students use a student rubric to provide feedback to their
Lesson Five: Student	Day 1: Students discuss how they can begin to take steps to achieve their personal and career goals and identify obstacles that could impede
Success Plan	achieving them. Students work independently to create a <b>student success plan</b> .









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	Stage 3: Learning Plan Overview
4 Days	Days 2-4: Students complete their vision board and student success plan. Students present their vision boards and success plan in another small
	group setting.

rear ling Fian:	Learning Plan: My Strengths and Values
Brief Synopsis:	Addresses Essential Questions:
Students will be introduced to the unit on understanding self. Students will	<ul> <li>How will my strengths and values help to shape my future?</li> </ul>
take an online personality self-assessment. They will define the term values	
and become aware of their own personal value system.	
A	Annual Course and Life Bondings Compatentian

# Assessed Career and Life Readiness Competencies:

Thinks critically by demonstrating awareness of their personal strengths and values.

Thinks critically by synthesizing their responses to questions to create a comprehensive list of their personal **values**.

Reasons by demonstrating understanding of how their personal strengths and **values** are expressed in their daily life

Work with others by sharing and responding to peer feedback to refine their personal brands.

Works independently by completing the online assessment.

Displays a positive attitude and a sense of self-worth by sharing their strengths verbally with others

Uses information from the online assessment by identifying strengths.

### **Suggested Texts and Resources:**

#### Text/Resources:

- NERIS Type Explorer®
- What are Your Values?
- Values Assessment Workshee

- Ethics

# New Academic Vocabulary for the Learning Plan:

- Integrity
- Self-awareness
- Values Self-reflection

# **Learning Events and Formative Checkpoints:**

Day 1 Students will know and be able to apply their personal value system to develop a personal and career goal.

**Formative Assessment:** 









Suggested Timeline: 10 Days

	Learning Plan: My Strengths and Values
	• Teacher observation of class discussion and student independent online assessment work.
	Teacher review of responses to values questions.
	Teacher review of exit tickets.
	Materials/Resources:
	paper plates (one per student)
	access to technology
	NERIS Type Explorer®
	• four teacher-created posters—1. Analysts: Logician, Commander, Debater. 2. Diplomats: Mediator, Protagonist, Campaigner. 3. Sentinels:
	Defender, Executive, Consul. 4. Explorers: Adventurer, Entrepreneur, Entertainer
Day 2	Students will know and be able to apply their personal value system to develop a personal and career goal.
	Formative Assessment:
	<ul> <li>teacher observation of class discussion and student independent online assessment work</li> </ul>
	<ul> <li>teacher review of responses to values questions</li> </ul>
	teacher review of exit tickets
	Materials/Resources:
	self-stick notes
	values video

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g Plan
: My P
earning Plan: My Personal Brand and Vision
Brand
and V
ision

#### **Brief Synopsis:**

personal brand and vision board which describes their personal and career Students will develop goals and a vision statement. Students will create a Students will understand the importance of having a vision for the future.

Addresses Essential Question(s):

- How will I use my knowledge of self to propel my next steps towards personal
- What are my values and career aspirations?

# **Assessed Career and Life Readiness Competencies:**

Thinks critically by developing personal career and goal statements.

goals.

Thinks critically by reflecting on personal and career goals to develop a personal brand statement.

Thinks critically by responding to questions on the mock interview and elevator pitches.

Thinks creatively by responding to questions about the **vision** board and by creating a **vision** board to represent their personal and career **goals**.

Works independently by creating a vision board Plans and organizes a variety of materials (pictures, images, affirmation words) to represent their personal and career **goals.** 









Suggested Timeline: 10 Days

Develops an awareness of skills and strengths by connecting personal and career goals to a vison board Critiques and revises vision board by applying feedback to improve peer work product

### Suggested Texts and Resources:

#### Text/Resources:

- Personal brand articles
- Entrepreneur Magazine, 5 Steps to Building Your Personal Brand
- Forbes Magazine, 7 Things to Build and Awesome Personal Branc
- Elevator pitch articles
- Forbes Magazine, Elevator Pitch Tips
- Top Resume Magazine, 5 Tips for Delivering the Perfect Elevator Pitch
- Interview tips article
- PT 1.1: Student Resource

Monster.com, 100 Potential Interview Questions

- **Readings for Vision Boards**
- Vision Board A Powerful Tool to Manifest Your Life Desires \*Audio available
- 3 Powerful Benefits of Creating a Vision Board
- Women of Power: How to Make a Vision Board
- How to Create an Empowering Vision Board The Reason Vision Boards Work and How to Make One
- Videos for Vision Boards
- How to Make a Vision Board that ACTUALLY Works
- Online vision board options:
- Apps: Subliminal (\$4.99); Hay House (Free); Wishboard (\$3.99); Dream Vision (Free)

Computer-Based: Microsoft Word; Microsoft Publisher, Microsoft PowerPoint

Web-Based: Pinterest; DreamItAlive.com

# New Academic Vocabulary for the Learning Plan:

- Self-reflection
- Vision
- Vision Statement

Day 1

Students will know and be able to

# -earning Events and Formative Checkpoints:

develop a personal and career goal that accurately reflects their self-interests, abilities, and talents.

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Suggested Timeline: 10 Days

	<ul> <li>apply their personal value system to develop a personal and career goal.</li> </ul>
	Formative Assessment:
	• teacher observation of class discussion and students' mock interviews and elevator pitches
	<ul> <li>teacher review of responses to questions on mock interviews and elevator pitches</li> </ul>
	• teacher review of personal and career <b>goal</b> statements
	teacher review of peer feedback
	teacher review of reflection paragraphs
	Materials/Resources:
	personal brand articles
	elevator pitch articles
	interview tips article
Day 2	Students will know and be able to apply their personal strengths to establish goals and define ways in which they can build on their strengths to
	continuously improve.
	Formative Assessment
	teacher observation of class discussion
	• teacher review of student <b>vision</b> board work
	Materials/Resources:
	PT 1.1: student resource
	PT 1.1: rubric
	Supplies for <b>vision</b> board
	paper
	mixed media
	markers, crayons or colored pencils
	poster board or large sheets of construction paper
	SCİSSOI'S
	tape and/or glue sticks
	plain white paper



determine their personal learning style. Students will learn strategies to match Students will take a personal learning inventory which will help them to

**Learning Plan: How I Learn** 

**Addresses Essential Question:** 

How do I learn best and how can I apply these skills to improve my future self?

**Brief Synopsis:** 







Suggested Timeline: 10 Days

Develops an awareness of personal temperament, skills, and strengths by completing a learning inventory and by writing a reflection paragraph demonstrating awareness of
Assessed Career and Life Readiness Competencies:
success in school and careers.
their learning style and understand these strategies will help them to achieve

those skills and strengths.

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	Suggested Texts and Resources:	
Resources:	Links to Resources:	
<ul><li>Learning</li></ul>	Learning Style Inventory; options include	
0	The VARK Questionnaire: How Do I Learn Best?	
0	What's Your Learning Style?	
New Academic V	New Academic Vocabulary for the Learning Plan:	
<ul> <li>Auditory</li> </ul>		
<ul> <li>Kinesthetic</li> </ul>		
<ul><li>Visual</li></ul>		
	Learning Events and Formative Checkpoints:	
Day 1	Students will know and be able to apply their personal learning style and appropriate learning strategies to build self-awareness.	
	Formative Assessment	
	teacher observation of class discussion	
	teacher review of the personal learning inventories	
	teacher review of the reflection exercise	l
	Materials/Resources:	
	word lists	
	• ten random objects placed in a box	



learning style inventory





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	Learning F	Learning Plan: How I Lead
Brief Synopsis:		Addresses Essential Question:
Students will understand how people can become leaders and the characteristics	become leaders and the characteristics	• What is my leadership style and how do my leadership characteristics help me to
of a leader.		achieve my personal and career <b>goals</b> ?
	Assessed Career and Life Readiness Compo	m
Develops an awareness of personal temperament, skills, and strengths identifying the characteristics of a levelops and strengths are strengths and strengths identifying the characteristics of a levelops and strengths are strengths.	rament, skills, and strengths identifying t	he characteristics of a leader and by reflecting on their personal <b>leadership</b> style.
	Suggested Te	Suggested Texts and Resources:
Text/Resources:		Notes
<ul><li>Video</li></ul>		
O <u>Leadership Lessons from the Dancing Guy</u>	the Dancing Guy	
New Academic Vocabulary for the Learning Plan: Leadership	ng Plan:	
	Learning Events an	Learning Events and Formative Checkpoints:
Day 1 Students will know and be able to:	d be able to:	
define the ch	define the characteristics of a leader and apply their personal leadership style	ersonal <b>leadership</b> style to achieve a <b>goal</b> .
<ul><li>present thei</li><li>provide feed</li></ul>	present their <b>goa</b> l statements and <b>vision</b> boards to a small group of peers. provide feedback to peers using the performance task rubric as a guide.	small group of peers.
Formative Assessment:	Ē.	
teacher obse	rvation of class discussion, to formative a	teacher observation of class discussion, to formative assess students' understanding of the traits of a leader, listen carefully to the discussions
teacher review     effective leader	teacher review of students' lists and make note of students who seem not yet effective leader	dents who seem not yet able to identify key qualities/characteristics or skills/abilities of an
• teacher revi	teacher review of the reflection exercise	
Materials/Resources:		
leadership video	deo	
PT 1.1: Student Resource	nt Resource	
• PT 1.1: Rubric		







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	Learning Plan: Student Success Plar	iccess Plan
<b>Brief Synopsis:</b>		Addresses Essential Question:
Students will dis	Students will discuss the obstacles that could interfere with their ability to achieve their vision	<ul> <li>What do effective people do to identify and overcome obstacles in</li> </ul>
for personal grov	for personal growth. Students will understand the idea of resiliency and will create a plan to	their personal life and/or career?
avoid or provide	avoid or provide solutions to obstacles.	
	Assessed Career and Life Readiness Competencies:	ess Competencies:
Thinks critically o	Thinks critically about obstacles to their personal and career goals.	
Thinks creatively	Thinks creatively to complete a student success plan.	
Makes sound de	Makes sound decisions as demonstrated through plans to overcome obstacles.	
Solves obstacles	Solves obstacles to their personal and career <b>goals</b>	
Reasons through	Reasons through steps to achieve their personal and career goals.	
Plans and organ	Plans and organizes a <b>student success plan</b>	
Demonstrates re	Demonstrates responsibility and self-discipline	
Adapts and shows flexibility	s flexibility	
Works independently	ently	
Develops an awa	Develops an awareness of personal temperament, skills, and strengths through reflecting on a resiliency plan	siliency plan
	Suggested Texts and Resources:	sources:
Text/Resource:		Links to Resources:
• PT 1.2:	PT 1.2: Student Resource	
<ul> <li>PT 1.2: Rubric</li> </ul>	Rubric	
New Academic \	New Academic Vocabulary for the Learning Plan:	
<ul> <li>Resilience</li> </ul>		
	Learning Events and Formative Checkpoints:	e Checkpoints:
Day 1	Learning Objectives: Students will know and be able to:	
	<ul> <li>demonstrate their individual strengths and leadership style as they build a positive self-concept.</li> </ul>	uild a positive self-concept.
	<ul> <li>apply their personal learning style and appropriate learning strategies to build self-awareness.</li> </ul>	s to build self-awareness.
	<ul> <li>identify and map their support network to help overcome obstacles and define potential challenges</li> </ul>	and define potential challenges.
	Formative Assessment:	
	Teacher observation of class discussion	
	Teacher review of students' responses to resiliency questions.	
	Materials/Resources:	
	PBT 1.2: Student Resource	
	Student Success Plan Rubric	









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Formative Assessment	• art	• apı	• de	Days 2-4 Students wi	
ve Assessment teacher observation of class discussion	articulate to their peers why they chose their artifacts for their <b>vision</b> board.  provide feedback to peers using the performance task rubric as a guide.	apply their knowledge about their learning style, leadership style, strengths and values to complete their vision board and student success plan. identify opportunities for in-school and out-of-school learning opportunities to achieve their personal and career goals.	demonstrate their individual strengths and <b>leadership</b> style as they build a positive self-concept. apply their personal learning style and appropriate learning strategies to build <b>self-awareness</b> .	Students will know and be able to	Learning Plan: Student Success Plan

• teacher review of student's presentations Materials/Resources:

PT 1.2: Student Resource

PT 1.2: Rubric



