

Alcoholism



Patient : Joe Joebecca



OCCUPATION TITLE: PSYCHIATRIST

LEVEL OF EDUCATION: 4 YEARS

WORK OF ENVIRONMENT: COMMUNITY MENTAL HEALTH CENTRES, HOSPITALS, OR CLINICS

JOB FUNCTIONS: PHYSICIANS WHO DIAGNOSE, TREAT, AND HELP PREVENT DISORDERS OF THE MIND. PRESCRIBE, DIRECT, OR ADMINISTER PSYCHOTHERAPEUTIC TREATMENTS OR MEDICATIONS TO TREAT MENTAL, EMOTIONAL, OR BEHAVIORAL DISORDERS.

RESPONSIBILITIES: CLINICAL PSYCHIATRISTS EVALUATE, DIAGNOSE AND TREAT PATIENTS WITH MENTAL DISORDERS. THEY MAY WORK IN OFFICES, HOSPITALS OR MENTAL HEALTH CLINICS. CLINICAL PSYCHIATRISTS MAY PRESCRIBE MEDICATION OR SUGGEST THERAPY ACCORDING TO THEIR PATIENTS' NEEDS.

HOW DOES THIS OCCUPATION RELATE TO A HELPING PROFESSIONAL? THERAPISTS CAN HELP SOMEONE BETTER UNDERSTAND AND COPE WITH THOUGHTS, FEELINGS AND BEHAVIORS. THEY CAN ALSO OFFER GUIDANCE AND HELP IMPROVE A PERSON'S ABILITY TO ACHIEVE LIFE GOALS. THESE MENTAL HEALTH PROFESSIONALS MAY ALSO HELP ASSESS AND DIAGNOSIS MENTAL HEALTH CONDITIONS.

HOW DOES THE PSYCHIATRIST AND PATIENT WORK TOGETHER?: PSYCHIATRISTS PROVIDE PSYCHOLOGICAL TREATMENT, PRESCRIBE MEDICATIONS AND DO PROCEDURES SUCH AS ELECTROCONVULSIVE THERAPY. AS PART OF THEIR WORK, A PSYCHIATRIST CAN: PROVIDE URGENT CARE FOR A SUDDEN MENTAL ILLNESS.

WHAT TYPE OF TREATMENT OR SUPPORT IS TYPICALLY PROVIDED TO THE PATIENT TO HELP RESOLVE THE MEDICAL OR MENTAL HEALTH ISSUE? SUPPORT THAT THE PATIENT MIGHT NEED S A LOCAL GROUP FOR ALCOHOLICS, MEDICATION, BEING HONEST ABOUT THEIR PROBLEMS, AND TO STOP DRINKING IMMEDIATELY.

BASED ON YOUR SELECT OCCUPATION, WHAT TYPE OF TREATMENT OR SUPPORT WOULD YOU RECOMMEND TO THE PATIENT? I WOULD RECOMMEND THINGS LIKE ALCOHOL COUNSELING, REHAB, SELF HELP GROUPS, ACTIVITIES, AND ADVICE.

HOW DOES YOUR RECOMMENDED TREATMENT OR SUPPORT RELATE TO THE RECOMMENDED CARE THAT YOUR TEAM WILL ALSO PROVIDE?

MY TREATMENT RELATES TO THE RECOMMENDED CARE THAT MY TEAM WILL PROVIDE BECAUSE THEY HAVE SIMILAR TREATMENTS TO MINE SUCH AS REHAB AND COUNSELING.

HOW ARE THE ROLES AND RESPONSIBILITIES OF HEALTHCARE AND PUBLIC HEALTH OCCUPATIONS SIMILAR AND DIFFERENT? A HEALTH PROFESSIONAL MAY OPERATE WITHIN ALL BRANCHES OF HEALTH CARE, INCLUDING MEDICINE, SURGERY, DENTISTRY, MIDWIFERY, PHARMACY, PSYCHOLOGY, NURSING OR ALLIED HEALTH PROFESSIONS. A HEALTH PROFESSIONAL MAY ALSO BE A PUBLIC/COMMUNITY HEALTH EXPERT WORKING FOR THE COMMON GOOD OF THE SOCIETY, BUT A PUBLIC HEALTH HAS BEEN DEFINED AS "THE SCIENCE AND ART OF PREVENTING DISEASE, PROLONGING LIFE AND PROMOTING HUMAN HEALTH THROUGH ORGANIZED EFFORTS AND INFORMED CHOICES OF SOCIETY, ORGANIZATIONS, PUBLIC AND PRIVATE, COMMUNITIES AND INDIVIDUALS". WHAT IS ALIKE ABOUT THEM IS THEY BOTH HELP PEOPLE AND HELP OUT WITH THE COMMUNITY.

WHAT TYPE OF ROLE DOES EACH OF THE HEALTHCARE AND PUBLIC HEALTH OCCUPATIONS HAVE IN WORKING WITH THE COMMUNITY?

HEALTHCARE PROFESSIONAL ROLE: HEALTH PROFESSIONALS PLAY A CENTRAL AND CRITICAL ROLE IN IMPROVING ACCESS AND QUALITY HEALTH CARE FOR THE POPULATION. THEY PROVIDE ESSENTIAL SERVICES THAT PROMOTE HEALTH, PREVENT DISEASES AND DELIVER HEALTH CARE SERVICES TO INDIVIDUALS, FAMILIES AND COMMUNITIES BASED ON THE PRIMARY HEALTH CARE APPROACH.

PUBLIC HEALTH ROLE: PUBLIC HEALTH PROFESSIONALS ANALYZE AND DEVELOP PROGRAMS THAT PROTECT THE HEALTH OF INDIVIDUALS, FAMILIES AND COMMUNITIES IN THE UNITED STATES AND ABROAD. BECAUSE OF THEIR “BIG PICTURE” PERSPECTIVE, PUBLIC HEALTH EXPERTS PLAY A KEY ROLE IN EMERGENCY PREPAREDNESS AND RESPONSE.

HOW WOULD YOUR TEAM RECOMMENDED THAT HEALTHCARE AND PUBLIC HEALTH PROFESSIONALS WORK TO HELP EDUCATE THE COMMUNITY ABOUT THE PUBLIC HEALTH ISSUE? THEY WOULD RECOMMEND THAT THEY COME TOGETHER AND TRY NEW TREATMENTS.

HOW WOULD YOUR TEAM RECOMMEND THAT HEALTHCARE AND PUBLIC HEALTH PROFESSIONS WORK TO PREVENT THE ASSIGNED PUBLIC HEALTH ISSUE? WE WILL WORK TO PREVENT THE ASSIGNED PUBLIC ISSUE BY TESTING THE TREATMENTS. WE CAN HELP REDUCE OR EVEN AVOID THE PATIENTS OR FAMILIES' ANXIETY BY LISTENING TO PATIENTS. EVEN ASKING PATIENTS AT THE ONSET HOW THEY ARE FEELING COULD KEEP THEM FROM GOING INTO RELIEF-BEHAVIOR MODE.

Community Health Worker

Occupation Title: Community Health Worker

Level of Education: 0-2 years

Average Salary: 38,180 per year

Work Environment: Health educators and community health workers work in a variety of settings including hospitals, nonprofit organizations, government, doctor's offices, private businesses, and colleges. They generally work full time

Job Functions and Responsibilities: Helping individuals, families, groups and communities develop their capacity and access to resources, including health insurance, food, housing, quality care and health information.

TO BE CONTINUED.....

How does this occupation relate to a helping professionals? - Community health workers hired by health care agencies often have a disease or population-based focus, such as promoting the health of pregnant women or children, improving nutrition, promoting immunization or providing education around a specific health issue, such as diabetes or HIV/AIDS.

How do the select occupation and patient work together? - The role of the community health worker started as a societal position, appointed by and responsible to the community's members. Advocates and activists dedicated their time and talents to ensuring that local people received the health information, resources and health care services they needed.

What type of treatment or support is typically provided to the patient to help resolve the medical or mental health issue? - Treatment includes going to a program for detox — that means cleaning out the body. • Medicines are available to treat severe withdrawal and to prevent tremors and seizure while in detox. •

TO BE CONTINUED..... PART 2

Based on your select occupation, what type of treatment or support would you recommend to the patient? - Please note: NIAAA recently launched the NIAAA Alcohol

Treatment Navigator. This online tool helps you find the right treatment for you — and near you. It guides you through a step-by-step process to finding a highly qualified professional treatment provider. Learn more at <https://alcoholtreatment.niaaa.nih.gov>.

How does your recommended treatment or support relate to the recommended care that your team will also provide? - The patient should remain in treatment with a doctor as well as therapy and attending recovery groups after detox and consider medicine for treatment. These decisions should be made with the doctor and therapist.

How are the roles and responsibilities of the healthcare and public health occupations similar and different? - Part of what makes a CHW such an effective member of a health care delivery team is the flexibility and diversity of what they can do within the clinic and in the community. The primary responsibilities of any CHW working in the HCH setting are to build trusting relationships with clients and to connect those clients to care, eliminating barriers and advocating for systemic changes along the way. Healthcare Assistants (HCAs) work within a range of NHS hospital or community settings under the guidance of a variety of healthcare professionals.

What type of role does each of the healthcare and public health occupations have in working with the community? -

To Be Continued..... Part 3

What type of role does each of the healthcare and public health occupations have in working with the community? - Public health is the science and art of creating healthy communities through education, research and promotion of healthy lifestyles. In public health, the focus is on health promotion and disease/injury prevention, in contrast to the medical model of care, which focuses more heavily upon diagnosing and treating illnesses and conditions after they occur.

How would your team recommend that healthcare and public health professionals work to help educate the community about the public? - My team would make a group and talk about it. We would go around the community to help and educate people.

How would your team recommend that healthcare and public health professions work to prevent the assigned public health issue? - I would persuade and inform them to stop

Occupation Research and Reflection

Occupation Title : Social Worker

Level Of Education : 4 years

Average Salary : \$53,968 per year

Work Environment : Social workers work in a variety of settings, including mental health clinics, schools, child welfare and human service agencies, hospitals, settlement houses, community development corporations, and private practices.

Job Functions and Responsibilities : Social workers help clients handle everyday life problems. They often assist clients who have issues caused by neglect, abuse, domestic violence, mental health and parental substance abuse. Clinical social workers may also diagnose and treat mental, behavioral, and emotional issues. Social workers support individuals and their families through difficult times and ensure that vulnerable people, including children and adults, are safeguarded from harm. Their role is to help in improve outcomes in peoples lives. They maintain professional relationships and act as guides and advocates.



Continue of Occupation Research and Reflection

How does this occupation relate to a helping professional? . Social workers deal with the external factors that impact a

person's situation and outlook ... In thousands of ways, social workers help people of every age and background, all across the country. The most well-known aspect of the social work profession is providing direct services or therapy directly to clients.

TO SAY NO!



Simulated Method of Treatment

How do the select occupation and patient work together? : Social workers will often serve as liaisons between different institutions to assist patients and collaborate with other health professionals to ensure patient wellness. ... Social workers address legal issues, such as assisting with hearings and providing testimony relating to their patients.

What type of treatment or support is typically provided to the patient to help resolve the medical health issue? : Doctors use sedatives or benzodiazepines to treat extreme agitation. They also use Cognitive behavioral therapy because it is the most effective form of psychotherapy for anxiety disorders. To treat inability to maintain employment doctors use

SAY NO TO ALCOHOL

Continue Method of Treatment

Based on your select occupation, what type of treatment or support would you recommend to the patient? : I would recommend counseling or medications, including antidepressants for anxiety. For extreme agitation I would recommend your doctor to prescribe medications called sedatives or benzodiazepines.



DRUGS ARE BAD

Continue Method of Treatment

How does your recommended treatment or support relate to the recommended care that your team will also provide? : My treatment relates to the recommended care that my team will provide because we all have a certain treatment for our patients mental disorders that can help them all at once, like my treatment is for anxiety. My team got treatments for high blood pressure, profuse sweating, and stomach problems.

And alcohol is bad. You shouldn't drink alcohol.



Model of Community Engagement

How are the roles and responsibilities of healthcare and public health occupations similar and different? : Public health professionals analyze and develop programs that protect the health of individuals, families and communities in the United States and abroad. Because of their "big picture" perspective, public health experts play a key role in emergency preparedness and response. Healthcare professionals provide essential services that promote health, prevent diseases and deliver health care services to individuals, families and communities based on the primary health care approach.

Do you think that doing alcohol is cool?

Continue of Model of Community Engagement

What type of role does each of the healthcare and public health occupations have in working with the community? Health professionals play a central and critical role in improving access and quality health care for the population. They provide essential services that promote health, prevent diseases and deliver health care services to individuals, families and communities based on the primary health care approach.

How would your team recommended that healthcare and public health professionals work to help educate the community about the public health issue? They would suggest that we work together and try a lot of treatments to help with the public issue and work with the patient a long time so, they can become cared.

I'm never drinking again

Continue of Model of Community Engagement

How would your team recommend that healthcare and public health professions work to prevent the assigned public health issue? We will work to prevent the assigned public issue by testing the treatments. We can help reduce or even avoid the patients or families' anxiety by listening to patients.

NO ALCOHOL FOR ME!



Level of education - Four years in a **bachelor's degree** in **psychology**, education or other field. One-two years in a **master's degree** program. Programs may require a **one-year internship**.

Average salary - Average Substance Abuse Counselor Salary

\$38,716

Job functions and responsibilities -offer guidance to individuals, couples, families and groups who are dealing with issues that affect their mental health and well-being.

How does this occupation relate to helping professional- **Professional counselors** help clients identify goals and potential solutions to problems which cause emotional turmoil.

What type of treatment or support is typically provided to the patient to help resolve the medical or mental health issue.

A support group is a group meeting where members guide each other towards the shared goal of recovery. Support groups are often comprised of nonprofessionals, but peers that have suffered from similar experiences.

Select occupation what type of treatment or support would you recommended to the patient ?

A abuse counselor will discuss your addiction as well as your past. The counselor will attempt to get to know more abuse your substance use (current and past) as well as factors that may have influenced and perpetuated your drug use. Your counselor will help you come to better understand your addiction and learn healthier coping skills. A drug abuse counselor will help you identify negative patterns and help you confront behavioral and emotional issues that may be hindering your progress. We will do simple things like meditation processes and activities that help the patient keep his mind off alcohol.

How does your recommend treatment or support relate to the recommend care that your team will also provide?

It relates to the care my team will provide because we have good treatments that can really help the patient.

How are the roles and responsibilities of the healthcare and public health occupations similar and different?

Healthcare professional: They provide essential services that promote health, prevent diseases and deliver health care services to individuals, families and communities based on the primary health care approach.

Public health has been defined as "the science and art of preventing disease, prolonging life and promoting human health through organized efforts and informed choices of society, organizations, public and private, communities and individuals"

What type of role does each of the healthcare and public health occupations have in working with the community?

The roles and activities of community health workers (CHWs) are tailored to meet the unique needs of the communities they serve. A CHW's role also depends on factors such as whether they work in the healthcare or social services sectors. Creating connections between vulnerable populations and healthcare systems.

How would your team recommend that healthcare and public health professionals work to help educate the community about their public health issue? They think they should all come together and try new treatments and work together. So, they can learn about each other and find out what they need to do to prevent alcohol problems from happening.

How would your team recommend that healthcare and public health professions work to prevent the assigned public health issue? By recognizing triggers, don't keep alcohol at home, engage in other activities, and build a social support network

how does your recommended care that your team will also provide? My treatment relates to the recommended care that my team will provide because we all have a certain treatment for our patients mental disorders that can help him all at once, like my treatment is for substance abuse. My team got treatments for high blood pressure, profuse sweating, ad stomach problems and mental problems.

How do the select occupation and patient work

- Meeting with clients to evaluate their health and substance problem
- Identifying issues and create goals and treatment plans
- Teaching clients coping mechanisms
- Helping clients find jobs or reestablish their career
- Leading group therapy sessions