

#### Overview

The Office of Student Well-Being is developing a well-being framework to improve student academic engagement and student readiness for post-secondary success. This effort will provide competencies, guidance documents, and a community of practice to support district work in school-wide well-being. According to a declaration from the American Academy of Pediatrics, American Academy of Child and Adolescent Psychiatry and Children's Hospital Association, "...rates of childhood mental health concerns and suicide rose steadily between 2010 and 2020 and by 2018 suicide was the second leading cause of death for youth ages 10-24. The pandemic has intensified this crisis: across the country we have witnessed dramatic increases in Emergency Department visits for all mental health emergencies including suspected suicide attempts." Additionally, The Baton Rouge Advocate reported, "aspiring teachers [are] down 30% in Louisiana as [the] state faces shortage." This follows a national trend attributed to the additional stress brought on by the COVID-19 global pandemic. A Rand Study report supports this, stating that "53 percent of teachers reported thinking of leaving the profession more now than prior to the pandemic." Additionally, The US Department of Education's resource, "Supporting Child and Student Social, Emotional, and Mental Health Needs," states, "Educators who provide emotional support and establish positive relationships influence children's and students' health, overall mental wellness, and life satisfaction (Stewart & Suldo, 2011)... Educators' wellness is an important component to ensuring a healthy school climate, and educator wellness programs are associated with greater workplace satisfaction and lower rates of absenteeism (Lever et al., 2017)." With this crisis in mind, and the strong connection between academic performance and student well-being, LDOE has assembled this focus group to review four strategic pillars to help support the well-being of our staff and students. The focus group is composed of a wide variety of stakeholders from across the state who can provide insight based on their area of expertise, and assure they are aligned to the Louisiana Education Priorities.

#### **Instructions for Focus group**

We appreciate you taking the time to provide your valuable feedback. The estimated time involved should be no more than 30 minutes.

Review the <u>Four Staff and Student Well-Being Pillars</u> (below)
Complete the Opinion Survey - will open in new window
Review Resources (optional)
Participate in the <u>SWB Monthly Call</u> (optional)

#### **Timeline**

Complete the Opinion Survey by COB Wednesday, January 12, 2022 SWB Zoom Monthly Call: Wednesday, January 19, 2022 at 9:30 AM



### **Staff and Student Well-Being Pillars**

#### I. Build Personnel Capacity to Support all Students

Provide guidance to districts in supporting personnel on improving their own well-being and in building their capacity to better recognize, evaluate, and support students when they face challenges.

#### II. Prioritize Positive, Intentional Relationships

Facilitate meaningful interactions to develop sustaining, strong relationships within the classroom and throughout the school, including all stakeholders.

#### III. Attend to Individual Students' Needs by Responding with Appropriate Supports

Provide individualized support, services and structures to meet the social (how we relate to others), emotional (how we feel), behavioral (how we act), physical and mental well-being needs of students.

#### IV. Ensure Every Student has the Life Skills for Post Secondary Success

Provide meaningful opportunities for students to develop critical skills that will allow them to be successful when they graduate, such as self-management and responsible decision-making.

## **Well-Being Pillar Alignment to Louisiana Priorities**

		'	Priority 2: Remove barriers and create equitable, inclusive learning experiences for all children	Priority 3: Provide the highest quality teaching and learning environment	Priority 4: Develop and retain a diverse, highly-effective educator workforce	Priority 5: Cultivate high-impact systems, structures and partnerships
Pillar I: Build District Personnel Capacity to Support all Students						
	Professional Development		x	х	х	x
	Teaming		х	х	х	х
	Coaching/Mentoring	х	х	х	х	х
	Self-care resources/implemen tation plan for staff			x	x	x
	Implementation infrastructure (evaluation, fidelity measures, standards and competencies, resources, communication plan, feedback loop)		X	X		X
Pillar II: Prioritize Positive Intentional Relationships						
	Staff to Student	х	х	х		
	Staff to Family	х	х	х		х
	Staff to Staff			x	x	х
	Student to Student		x	x		
Pillar III: Attend to Individual Students' Needs by						



Responding with						
Appropriate						
Supports						
	Training and materials to build structures for staff to regularly communicate with all students	x	x	x	x	х
	Tier I strategies to support student life skills integrated with academic curriculum	x	x	x		x
	Tier-II and Tier III evidence-based interventions		х	х		х
	Use data to identify student well-being needs	x	х	х		х
	Leverage External Service Providers	х	х			х
	Map existing resources					х
	Crisis Response Plan (see legislative guidance)					х
Pillar IV: Ensure Every Student has the Life Skills for Post-Secondary Success						
	Self-Awareness	x	x	x		
	Self-Management	Х	х	Х		
	Social Awareness	Х	Х	Х		
	Relationship Skills	Х	Х	Х		
	Responsible Decision-Making	х	х	х		



#### Resources

**NASP** 

- Mental Health Resources: These resources were developed to help educators support the mental health needs
  of their school community.
- <u>Research Summaries</u>: Read the latest research findings on a variety of topics in these research summaries created by NASP leaders and staff.
- Enhancing Conditions for Learning: These are resources to cover a variety of well-being needs in the community (downloadable PDF)
- <u>Safe, Supportive Conditions for Learning: Making Connections for Student Success</u>: Summaries of current research (downloadable PDF)
  - o Pillars I, II, III, IV

HHS Office of the Surgeon General: Youth Mental Health and Covid-19:

- Youth Mental Health Reports and Publications | HHS.gov: Research about Youth Mental Health before and after the Pandemic
  - o Pillars I, II, III, IV

U.S. Department of Education: Supporting Child and Student Social, Emotional, Behavioral, and Mental Health:

- Supporting Child and Student Social, Emotional, Behavioral, and Mental Health Needs (PDF)
  - o Pillars I, III, IV

American Academy of Pediatrics

- National Emergency Declaration: Bullet points of important steps districts can support
  - o Pillars I, III, IV

