



Literacy Grab & Go Infants (0 - 1½-year-olds)

Activity Title: Narrate Routines

Activity Purpose: Help your child connect words with objects and actions by describing what you're doing as you go about your daily routines.

Rationale

Narrating routines, or describing what you are doing, will help your child connect words with objects and actions.

Materials: none

Description of Activity:

1. From getting dressed to feedings to bath and bedtime routines, talk to your child about what you're doing.
 - "Let's see what clothes I'm going to pick for you to wear. I love this red shirt and these black pants. Let's go with that today."
 - Or, "It's time to take a bath. Let me check the water; it's nice and warm. Here you go into the nice warm water. You can splash in the water. How does the water feel on your fingers, toes and legs?"

Lagniappe: One of the best ways for your child to learn language is by listening to you talk. Try and use lots of different words, describing the names, colors, sizes, textures, temperatures, etc., of different things. This can be done anytime inside and outside the house.