

LDOE + Ochsner Partnership: Educator Mental Health and Well-Being

- Ensuring the health, safety, and mental well-being of the school support staff that have been serving on the front lines for the good of Louisiana students is a top priority for the Department.
- The LDOE has recently finalized a partnership with Ochsner Medical Center to offer **free teletherapy** to all educators and school support staff across the state.
- The Department has committed \$1M to this project to ensure that we can take care of those that are taking care of our students. **Educators and support staff will have access to four, completely free and 100% confidential counseling sessions with licensed mental health professionals.**

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How will this work?

- Ochsner has built a custom, online platform and hired additional mental health professionals to staff this initiative specifically with the needs of our teachers and support staff in mind.
- Using a laptop, tablet, or smartphone, educators will be able to schedule and **participate in virtual teletherapy from anywhere** and, due to the increased staffing of Ochsner and after-work appointments available, **during a time that works best for them.**
- This service will be available to educators **beginning on Monday, April 19th**

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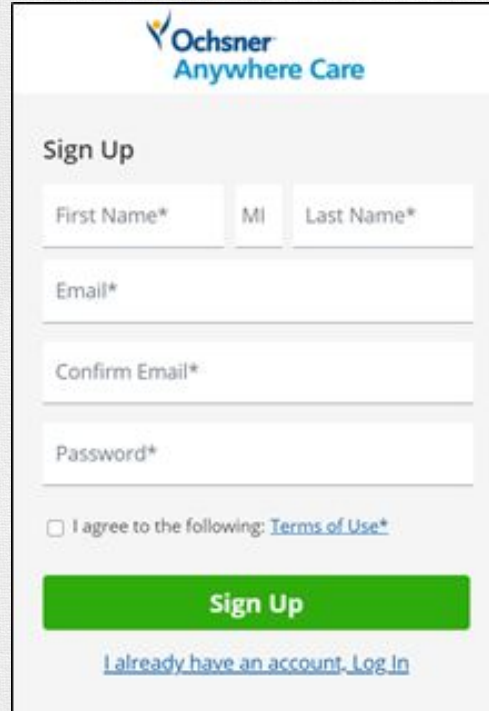
How do interested educators schedule a virtual therapy visit?

First, enroll in Ochsner Anywhere Care easily with the online form at ldoe.ochsneranywherecare.com.

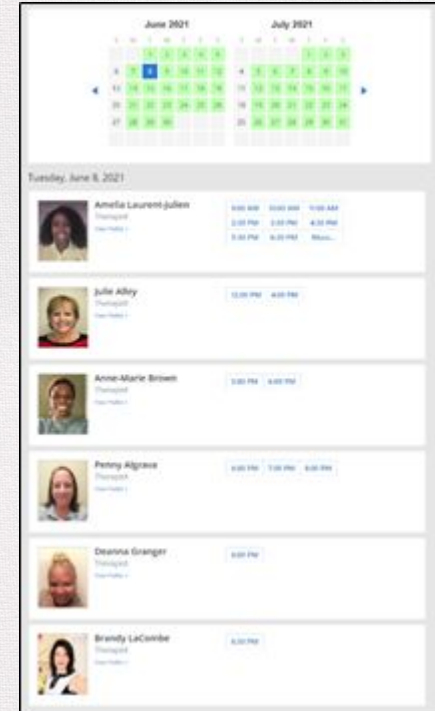
Then, schedule an appointment through the website, or download the Ochsner Anywhere Care app from the Google or Apple app store to start from your cell phone.

Enter Service Key “LDOE” in the mobile app.

Convenient appointments are available Monday – Friday until 8 p.m., with additional appointment times on Saturdays.



The screenshot shows the 'Sign Up' page for Ochsner Anywhere Care. At the top is the logo. Below it is a 'Sign Up' heading. The form includes input fields for 'First Name*', 'MI', and 'Last Name*', an 'Email*' field, a 'Confirm Email*' field, and a 'Password*' field. There is a checkbox for 'I agree to the following: [Terms of Use*](#)'. A large green 'Sign Up' button is at the bottom, with a link below it that says '[I already have an account. Log In](#)'.



The screenshot shows the appointment scheduling interface. At the top, there are two calendar views for June 2021 and July 2021. Below the calendars, the date 'Tuesday, June 8, 2021' is displayed. A list of therapists is shown, each with a profile picture, name, title, and available appointment times. The therapists listed are:

- Amelia Laurent-Jules: 9:00 AM, 10:00 AM, 11:00 AM, 2:00 PM, 3:00 PM, 4:00 PM, 5:00 PM, 6:00 PM, 7:00 PM
- Julie Alley: 11:00 PM, 4:00 PM
- Anne-Marie Brown: 1:00 PM, 4:00 PM
- Penny Algrain: 8:00 PM, 1:00 AM, 4:00 AM
- Deanna Granger: 8:00 PM
- Brandy LaCombe: 8:00 PM

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Where can I find more information?

- **LDOE's Weekly Newsletters** will include additional information and resources to be shared with educators in your school system.
- **LDOE's LouisianaBelieves.com** website will house this information on the Educator Mental Health and Well-Being landing page.
- **LDOE's Regularly Scheduled Monthly Calls** will include reminder slides to ensure that educators across many roles are aware of this program.
- **Flyers to be distributed to educators will be shared via email** with school system leaders. Please share these with your staff!