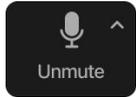
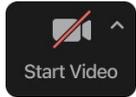


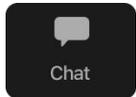
Zoom Meeting Preparation



- Please make sure your phone or computer is muted to minimize background noise.
 - To do this, hover over the bottom left-hand side of your screen and click “Mute.”



- Please make sure you have turned off your camera to save bandwidth and prevent any connectivity issues.
 - To do this, hover over the bottom left-hand side of your screen and click “Stop Video.”



- Please submit questions during the presentation in the “Chat” function located on the bottom of your screen.

If you require an interpreter or have other accessibility needs for future LDOE meetings, please contact LDOEcommunications@la.gov.



Safe and Healthy Schools Community of Practice Call

February 22, 2024



Safe and Healthy Schools Updates



Susan Dupont, RN, BSN, CCHC

Education Consultant

Hometown: Cameron, LA

Education:

- 1987 ASN Corpus Christi State University at Victoria, College
- 2019 BSN Aspen University (Summa Cum Laude)

Career Milestones:

- 1990 American Heart Association BLS Instructor
- 1992 Nursing Supervisor Cameron Parish Health Unit
- 1993 STD Nurse Clinician
- 1994 Cameron Parish Head Start Board Member
- 1994 Region V Public Health Nurse of the Year
- 1994 Member Region V Child Death Review Panel
- 1999 Member of the Governor's Disaster Nursing Task Force
- 2008 District School Health Administrator Cameron School Board
- 2010-2016 Vice Chair of Imperial Calcasieu Human Service District
- 2015 American Heart Association BLS/HS Instructor Trainer
- 2016-2020 Cameron Parish Coroner
- 2020 Child Care Health Consultant



Physical Education, Health and Adapted Physical Education Summit

Hosted by the Louisiana Association for Health, Physical Education, Recreation, and Dance (LAHPERD), the 2024 National Academy of Health and Physical Literacy (NAHPL) Summit provides training on Adapted Physical Education, Physical Education, and Health topics.

- Date: April 7 -10
- Location:
 - Crown Plaza Hotel and Convention Center
- [Registration](#) is currently open
- [Registration](#) is currently open for Adapted Physical Education & Adapted Health Workshop

For questions contact healthyschools@la.gov.



School Health Service Provider Semifinalists

Behavioral Health Providers

Melissa Arceneaux , Lafayette Parish

Rochelle Gauthier, Jefferson Parish

Lisa Tadlock, St. Tammany Parish

Nursing

Tanya Cobb, Franklin Parish

Lydia Duval, St. Mary Parish

Erin Klingman, Terrebonne Parish



School Health Service Provider Semifinalists

Speech Language Pathologists

Corey Mitchell , Iberville Parish

Jacqueline Shilo-Gradnigo, St. James Parish

Wendy Steib, St. Landry Parish

Occupational Therapists

Leslye Barnes, Morehouse Parish

Wendy Domangue, St. Tammany Parish

Physical Therapists

Diane Hulin, Lafayette Parish

Carol Whitmore, Plaquemines Parish



Medicaid Eligibility Matching

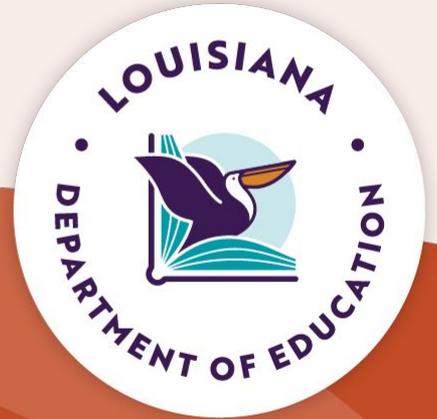
- New process for matching student Medicaid eligibility for school based services.
- DirectMatch and district authorized users can access the eScholar District Match application. Consult with your school system data manager.
- [Instructions to Download Medicaid Files from eScholar and locate Medicaid ID number](#)

For more information regarding the matching process
contact jayanthi.sothirajah@la.gov



Project AWARE and Mental Health Services

Chalayne Beaubouef, LCSW
Avoyelles Parish Schools
Bunkie High School



Contact Levillia.Moore@LA.GOV for more information on project AWARE.

LA AWARE 2 Grant Overview

What is Project AWARE?

- LA AWARE 2
 - **Defining** trauma and how it impacts student behavior and well-being.
 - **Recognizing** symptoms of trauma and how to respond through a trauma-informed lens.
 - **Applying** trauma-informed principles and practices to school climate and culture.
 - **Goal** - regulate and promote safety, connectedness & belonging, and emotional regulation & coping. Training School Staff to recognize and respond.
 - **School Selection**- Current AWARE 2 Schools are CES, BELA, MHS & BHS. Additional school can be added for year 3. (5 year grant) Avoyelles Parish was chosen to participate in the grant based on need. The population of Avoyelles is at a greater risk and more likely to be exposed to traumatic events. (Poverty, Community Violence and Crime, UIR/UIN Schools, etc.)

Contact Levillia.Moore@LA.GOV for more information.



What is Trauma?

Trauma is defined as an event, series of events or set of circumstances that is experienced by an individual as physically or emotionally harmful or life threatening and that has lasting adverse effects on the individual's functioning and mental, physical, social or emotional well-being.

Contact Levillia.Moore@LA.GOV for more information.



AWARE- Advancing Awareness and Resilience in Education

OBJECTIVE

- “AWARE supports the development and implementation of comprehensive plan of activities, services and strategies to decrease youth violence and support the healthy development of school-aged youth.”

Contact Levillia.Moore@LA.GOV for more information.



LA AWARE Grant Overview - How We Do This

Universal Screener & Referrals-all students at your school will need to complete an initial Universal Screener that can identify mental health concerns. Students identified from the screener as “at risk” will receive ongoing interventions (Tier 1 & Tier 2). In-house therapy (Tier 3) can be provided if necessary. Only “at risk” students will do SDQ surveys.

- Quiet Rooms-each school is equipped with the QR to provide Tiered Services. The grant will provide all the materials for this space. It needs to be inviting and calming.
- Data Collection-CPM has admin access to all electronic programs for reporting to the LDOE. Data Hub-quarterly/annual grant reporting.
- Community-funds for advertising mental health events held in the district.

Contact Levillia.Moore@LA.GOV for more information.



LA AWARE Goals

- To develop an infrastructure that will sustain and expand mental health behavioral health services and supports;
- To equip schools with the ability to respond students that need clinical intervention;
- Help students develop skills to promote prosocial behaviors.

Contact Levillia.Moore@LA.GOV for more information.



Objective

AWARE supports the development and implementation of a comprehensive plan of activities, services and strategies to decrease youth violence and support the healthy development of school-aged youth.

Contact Levillia.Moore@LA.GOV for more information.



AWARE Specifics

- **SRSS-IE:** Student Risk Screening Scale Internalizing and Externalizing
- **BASE:** SEL interventions and data
- **SDQ:** Strength and Difficulties Questionnaire (online)- must have parent consent. (Teacher, Parent, Student)
- **CPM- Community Project Manager:** Manage Grant Initiatives, Data Hub Grant Reporting, Manage and Supervise School Nurses (Leigh LeJeune)

Contact Levillia.Moore@LA.GOV for more information.



The Avoyelles Parish School District is adding a focus area for staff wellness and will be implementing ***“Wellness Wednesdays”*** in order to provide employees with activities and information that promote self-care. In order to best serve our students, we must also take care of ourselves! Thanks for all you do for the students of Avoyelles. Here’s to a great year!

WELLNESS WEDNESDAY

Where Do You Start?

Be aware of what you do, why you do it, how it feels, and what the outcomes are. Although self-care means different things to different people, here’s a basic checklist that can be followed by all of us:

- Self-care needs to be something you actively plan, rather than something that just happens. It is an active choice and you must treat it as such. Add certain activities to your calendar, announce your plans to others in order to increase your commitment, and actively look for opportunities to practice self-care.
- Stick to the basics. Over time you will find your own rhythm and routine. You will be able to implement more and identify more forms of self-care that work for you.
- Create a “no” list, with things you know you don’t like or you no longer want to do. Examples might include not checking emails at night, not attending gatherings you don’t like, or not answering your phone during lunch/dinner.
- Eat a nutritious, healthy diet.
- Get enough sleep. Adults usually need seven to eight hours of sleep each night.
- Exercise. Exercise is as good for our emotional health as it is for our physical health. It increases serotonin levels, leading to improved mood and energy. In line with the self-care conditions, what’s important is that you choose a form of exercise that you like!
- Follow up with medical care. It is not unusual to put off checkups or visits to the doctor.
- Use relaxation exercises and/or practice meditation. You can do these exercises at any time of the day.
- Spend enough time with your loved ones.
- Do at least one relaxing activity every day, whether it’s taking a walk or spending 30 minutes unwinding in a way that promotes well-being.

Healthy Schools Resources and Reminders



Louisiana Association of School Transportation Officials

[Register for the 2024 Spring LASTO Conference](#)

- **Date:** March 19 - 22
- **Location:** Marksville, LA



National School Social Work Week

- **Dates:** March 3-9
- [School Social Work Association of America Resources](#)



2024 Medical Simulation Training Expo

The Simulation Training and Education Council of Louisiana (SMTEC-LA) invites Louisiana simulation educators, operations specialist, and program coordinators to attend the [2024 Simulation Expo!](#)

- **Date:** April 19
- **Time:** 8 a.m. - 3:30 p.m.
- **Location:** LSUHSC Human Development Center ; New Orleans, Louisiana
- **Cost:** Free to all Louisiana educators

Please contact elizabeth.duncan@la.gov with questions.



Lead O.T. and P.T. Meeting

[Registration](#) is open for the annual Louisiana Occupational Therapy Association and LDOE Spring Meeting for **Lead Occupational and Lead Physical Therapists** working in Louisiana schools. Attendees will collaborate on implementation of Medicaid claiming and allow discussion of school health services relative to OT and PT practice in schools.

- **Date: March 13; 8 a.m. - 4 p.m.**
- **Location:** The Claiborne Building; 1201 N Third St., Baton Rouge, LA 70802
- **Deadline to register: February 29**

Please contact elizabeth.duncan@la.gov with questions.



Spring 2024 Training for Medicaid School Based Services

Registration is now open for the LDOE and Louisiana Department of Health **in person trainings on Medicaid Funding for School Based Services**. School systems are encouraged to register teams including the Medicaid coordinator of school based services, time study coordinator, business manager, nursing coordinator, and coordinators of behavioral health and therapy services.

- **Dates vary:** February, March and April
- **Locations:** New Orleans, Baton Rouge, Mandeville, Lafayette, and Shreveport.
- **Deadline to register:** **February 24**

Please contact elizabeth.duncan@la.gov with questions.



Save the Date: 2024 School Safety Summit July 10 & 11



Please contact healthyschools@la.gov with questions.



Healthy Communities Team

michael.comeaux@la.gov

Safe and Healthy Schools: School Safety, School Health, Transportation, Suicide Prevention

stephen.guccione@la.gov

Health/Physical Education, Coordinated School Health Program, Professional Development and Technical Assistance Support

levillia.moore@la.gov

AWARE 2 and Louisiana School Social Work Expansion Grant

elizabeth.duncan@la.gov

School-based Medicaid, Occupational and Physical Therapy

susan.dupont@la.gov

Louisiana Healthy Schools Initiative, School Nursing

erica.gilliam@la.gov

School Health Advisory Councils





Monthly Call Slides

Monthly call presentations are available in the [School System Planning Library](#).

- Office of Career and College Readiness
 - Healthy Communities
 - Healthy Schools Community of Practice

Schedules, access links and information for the Department's webinars can be found in the [LDOE Weekly Newsletter](#) and [School System Support Calendar](#).

Please contact healthyschools@la.gov





Questions?



Healthy Schools Community of Practice

March 28

2 p.m.

Focus Presentation

Social Work Practice in Schools

Contact healthyschools@la.gov for questions regarding our community of practice

