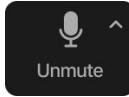
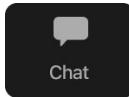


Zoom Meeting Preparation



- Please make sure your phone or computer is muted to minimize background noise.
 - To do this, hover over the bottom left-hand side of your screen and click "Mute."
- Please make sure you have turned off your camera to save bandwidth and prevent any connectivity issues.
 - To do this, hover over the bottom left-hand side of your screen and click "Stop Video."
- Please submit questions during the presentation in the "Chat" function located on the bottom of your screen.



If you require an interpreter or have other accessibility needs for future LDOE meetings, please contact LDOEcommunications@la.gov



Safe and Healthy Schools Community of Practice Call

January 22, 2026





CALL•PUSH•SHOCK *at School*

Informational Session

Presented By

Alice Hoyt, MD, Code Ana Executive Director

Allergist & Immunologist, Internist, and Pediatrician

also with Sarah Jane Lowery, Code Ana Program Director



Disclosures

- Alice Hoyt, MD
 - Past speaker fees from: Food Allergy Research and Education; Allergy and Asthma Network; The Food Allergy Counselor, Inc.
 - Spokesperson for: Mission MightyMe
 - Consultant for: Kaleo
 - Volunteer Chairperson: Code Ana (The Teal Schoolhouse); Food Allergy Nursing Association
- Sarah Jane Lowery
 - Nothing to disclose



Link to
Video





After today's session, you will be able to:

- 1. Review legislation on cardiac emergency preparedness in Louisiana schools**
- 2. Summarize and communicate the educational and training requirements related to cardiac emergency preparedness**
- 3. Demonstrate the ability to enroll in and promote participation in Call Push Shock at School**



Just Recently...



News 5 Cleveland WEWS

<https://www.news5cleveland.com> › local-news › oh-lake

Mentor High School mourns death of 14-year-old student

7 days ago — According to those close to the McGee family, **he suffered a cardiac arrest** during a routine wrestling conditioning exercise on Sept. 29. "We ...



WNYT.com

<https://wnyt.com> › top-stories › darrow-school-basketba...

Darrow School basketball player revived by school staff ...

Oct 9, 2025 — **Thrower was suffering from cardiac arrest.** Fortunately, the school's athletic staff were prepared. "I was like zoned in on trying to help him," ...

“School-based cardiac arrest occurred on average in 1 of 111 schools annually, with a greater annual incidence among colleges (1 cardiac arrest per 8 colleges) than high schools (1 per 125 high schools) or lower-level schools (1 cardiac arrest per 200 preschools through middle schools).” - Lotfi et al [Circulation](#)



Key Legislation: RS 40:1137.3

- Each elementary, middle, and high school shall have an AED on its premises in an easily accessible location
- Each elementary, middle, and high school shall have a "cardiac emergency response plan"
 - Establish a cardiac emergency response team
 - Activate the team in response to a sudden cardiac arrest
 - Implement AED placement and routine maintenance within the school
 - Maintain ongoing staff training in CPR and AED use
 - Practice using drills
 - Integrate local EMS with the plan
 - Annually review and evaluate the plan
- Louisiana Department of Health shall promulgate all necessary rules and regulations to implement the provisions of this Section
 - Appropriate training for persons designated to use and maintain an AED.



Responding To Sudden Cardiac Arrest



Call Push Shock at School

This course teaches school personnel how to respond to a cardiac emergency at school.

Free

Developed in collaboration with the Louisiana Department of Public Health and Ochsner's Pediatric Electrophysiology Team, Code Ana's *Call Push Shock at School* program provides training on hands-only CPR to school staff.

Charge: \$0

Time Commitment: ~25 minutes



Call

- Recognize sudden cardiac arrest (SCA)
 - Medical help is needed quickly for good outcomes
- 911 should be the first call to get medical support quickly

Call For Help



Push

- Cardio-Pulmonary Resuscitation (CPR) should be started as quickly as possible
- 100-120 pushes should happen per minute
- Pushes should be at least 2 inches
- Mouth-to-mouth is not required!

Push Hard & Fast



- An Automated External Defibrillators (AED) will provide shocks to someone who needs it
- Use in conjunction with CPR until EMS arrives

Shock With An AED



Call Push Shock at School
This course teaches school personnel how to respond to a cardiac emergency at school.
Free

How to Share the Program with Your School



Are you school leadership?

Templates are available to share with your school community to get them enrolled.



Are you school staff? Enroll now!

Get enrolled today in this free, quick education to be prepared.





Other Programs & Education

Have you created your response plan & team?

Enroll in *Med-E Ready* to get started or update your medical emergency response plan.



Want to learn more about SCA?

Take our *Sudden Cardiac Arrest Education Course* to learn more about the mechanics, possible causes, signs, and symptoms.





Now you are able to:

- 1. Review legislation on cardiac emergency preparedness in Louisiana schools**
- 2. Summarize and communicate the educational and training requirements related to cardiac emergency preparedness**
- 3. Demonstrate the ability to enroll in and promote participation in Call Push Shock at School**

Thank you to our collaborators, partners, and supporters!



Code Ana Team

Sarah Jane Lowery, Program Director
Caroline Wegmann, Communications Coordinator

Teal Schoolhouse

Jennifer Goertz PhD
Walter Hoyt MD
Pamela Lestage MBA
Jesse Persily MD

Hoyt Institute of Food Allergy

Samantha Schorr, Care Navigator



Access links to resources!



 **Cleveland Clinic**
 **Ochsner Health**

Proverbs 31:10-31



STATE OF LOUISIANA

GOVERNOR'S OFFICE OF HOMELAND SECURITY AND EMERGENCY PREPAREDNESS

Louisiana is a State as a Model Employer for People with Disabilities



LOUISIANA CENTER FOR
SAFE SCHOOLS



 **DEPARTMENT
OF HEALTH**



Questions?

Safe and Healthy School Reminders



Cybersecurity and Infrastructure Security Agency (CISA) Active Shooter Poster

- The [poster](#) provides straightforward guidance on actions that individuals can take in response to active shooter incidents, focusing on the Run, Hide, Fight protocol.

Please contact Healthschools@la.gov with questions.



Suicide Prevention Training

Preventing Suicide Toolkit developed by the Substance Abuse and Mental Health Services Administration (SAMHSA), as well as training modules developed by the Jason Foundation and Peer Initiative.

- [Substance Abuse and Mental Health Services Administration's Suicide Prevention Toolkit for High Schools](#)
- [The Jason Foundation Training Modules for Suicide Awareness and Prevention](#)
- [Peer Initiative](#)
- [Teacher resource](#)

Please contact Healthschools@la.gov with questions.



Mental Health Screening Reminder

- Act 324 of the 2024 Regular Legislative Session on behavioral or emotional challenges of students; referral for assessment and treatment and reporting. A designate of each school will be responsible for identifying behavioral and mental health supportive services and facilitating a referral for assessment and treatment.

Please contact Healthschools@la.gov with questions.



2026 America's Healthiest Schools

- The Alliance for a Healthier Generation names America's Healthiest Schools each year for their support of student and staff health.
- All U.S. K-12 schools can apply in up to nine categories, like physical education, nutrition, wellness programs, and tobacco-free policies.
- Winners get materials to help share their achievements.
- Applications are due April 14, 2026.
- Apply on the [Alliance for a Healthier Generation](#) website.

Please contact healthyschools@la.gov with questions.



Safe and Healthy Schools Team

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Monthly Call Slides

Monthly call presentations are available in the [School System Planning Library](#).

- Office of Career and College Readiness
 - Healthy Communities
 - Healthy Schools Community of Practice

Schedules, access links and information for the Department's webinars can be found in the [LDOE Weekly Newsletter](#) and [School System Support Calendar](#).

Please contact healthyschools@la.gov with questions.





Next Safe & Healthy Schools Community of Practice Call:

Next call

Date: February 26, 2026

**Topic: American Heart Association
Guidelines Updates**





Questions?