

# SAMPLE STUDENT SCHEDULES

Families and students will receive information from their school leaders and teachers on specific learning activities students will be expected to participate in each day during virtual learning. The tables below provide examples of the types of learning activities that students may be engaged in, but students may not be engaged in all of these activities every day or in the exact order described below. Students will be expected to engage in the same amount of learning activities as they would in a typical school day. Teachers will be expected to build in breaks and a variety of computer-based, paper-based, and hands-on activities to the schedule to keep students engaged throughout the day.

## PRE-K

SAMPLE INSTRUCTIONAL BLOCKS	ACTIVITY EXAMPLES
<b>Morning Activities</b>	Morning activities could include: <ul style="list-style-type: none"> <li>• Live class discussion</li> <li>• Video message from teacher</li> <li>• Culture and relationship building activity</li> </ul>
<b>Core Instruction</b> <ul style="list-style-type: none"> <li>• English Language Arts</li> <li>• Math</li> </ul>	This instruction could include: <ul style="list-style-type: none"> <li>• Short pre-recorded video(s) focusing on module content and grade level standards</li> <li>• Live whole class teacher-led virtual instruction</li> <li>• Small group, differentiated instruction, one-on-one instruction</li> <li>• Embedded supports for diverse learners including students with disabilities and English learners</li> <li>• ELA instruction and practice including engaging with read-aloud audio files, practice with letters, etc.</li> <li>• Math instruction and practice including activities with numbers and shapes using manipulatives</li> <li>• Daily checks for understanding and targeted supports</li> <li>• Computer-based and hands-on learning activities</li> </ul>
<b>Arts</b>	This time could include: <ul style="list-style-type: none"> <li>• Activities to practice fine motor skills with coloring, safe use of scissors, or use of stickers</li> <li>• Listening to music and practicing keeping rhythm</li> </ul>
<b>Explore Activities</b>	This time could include science-based projects, outdoor learning, or learning about current events and social studies.
<b>Playtime/Physical Activity</b>	This time could include free playtime, physical therapy, or other learning activities from a teacher.
<b>Lunch, Snack Time, and Breaks</b>	Throughout the day, students should have multiple breaks. This time could be used for eating snacks, eating lunch, napping, free playtime, etc.
<b>Flexible Academic Time and End of Day Wrap</b>	Flexible academic time and end of day wrap could include: <ul style="list-style-type: none"> <li>• Follow-up academic activities from earlier instructional blocks including using building blocks to apply math concepts, library time, games, puzzles, etc.</li> <li>• Office hours</li> <li>• End-of-day video from the teacher reviewing or previewing learning</li> <li>• Social and emotional learning activity</li> <li>• Parent check-ins</li> <li>• Support services aligned to a student's IEP and could include related services, transition services, or functional skill development.</li> </ul>

## GRADES K-2

SAMPLE INSTRUCTIONAL BLOCKS	ACTIVITY EXAMPLES
<b>Morning Activities</b>	Morning activities could include: <ul style="list-style-type: none"> <li>• Live class discussion</li> <li>• Video message from teacher</li> <li>• Culture and relationship building activity</li> </ul>
<b>Core Instruction</b> <ul style="list-style-type: none"> <li>• <b>English Language Arts including Foundational Skills</b></li> <li>• <b>Math</b></li> <li>• <b>Science</b></li> <li>• <b>Social Studies</b></li> </ul>	This instruction could include: <ul style="list-style-type: none"> <li>• Pre-recorded video(s) focusing on module content and grade level standards</li> <li>• Live whole class teacher-led virtual instruction</li> <li>• Small group, differentiated instruction, one on one instruction</li> <li>• Embedded supports for diverse learners including students with disabilities and English learners</li> <li>• Independent or guided application and practice of skill (e.g. interactive read-aloud, explicit writing instruction and practice, independent reading, etc.)</li> <li>• Daily checks for understanding and targeted supports</li> <li>• Computer-based and hands-on learning activities</li> </ul>
<b>Physical Activity or Arts</b>	This time could include learning activities from a P.E./adaptive P.E., physical therapy, music, or art teacher.
<b>Exploratory Activities</b>	This could include hands-on, facilitated home-based activities, or STEAM activities.
<b>Lunch, Snack Time, and Breaks</b>	Throughout the day, students should have multiple breaks. This time could be used for eating snacks, eating lunch, free playtime, etc.
<b>Flexible Academic Time and End of Day Wrap</b>	Flexible academic time and end of day wrap could include: <ul style="list-style-type: none"> <li>• Follow-up academic activities from earlier instructional blocks including independent and small group projects, current event activities, etc.</li> <li>• Free reading or writing</li> <li>• Office hours</li> <li>• End-of-day video from the teacher reviewing or previewing learning</li> <li>• Social and emotional learning activity</li> <li>• Review of homework</li> <li>• Support services aligned to a student's IEP and could include related services, transition services, or functional skill development.</li> </ul>

## GRADES 3-5

SAMPLE INSTRUCTIONAL BLOCKS	ACTIVITY EXAMPLES
<b>Morning Activities</b>	Morning activities could include: <ul style="list-style-type: none"> <li>• Live class discussion</li> <li>• Video message from teacher</li> <li>• Culture and relationship building activity</li> </ul>
<b>Core Instruction</b> <ul style="list-style-type: none"> <li>• <b>English Language Arts</b></li> <li>• <b>Math</b></li> <li>• <b>Science</b></li> <li>• <b>Social Studies</b></li> </ul>	This instruction could include: <ul style="list-style-type: none"> <li>• Pre-recorded video(s) focusing on module content and grade level standards</li> <li>• Live whole class teacher-led virtual instruction</li> <li>• Small group, differentiated instruction, one on one instruction</li> <li>• Embedded supports for diverse learners including students with disabilities and English learners</li> <li>• Independent or guided application and practice of skill (e.g. interactive read-aloud, explicit writing instruction and practice, independent reading, etc.)</li> <li>• Daily checks for understanding and targeted supports</li> <li>• Computer-based and hands-on learning activities</li> </ul>
<b>Physical Activity or Arts</b>	This time could include learning activities from a P.E./adaptive P.E., physical therapy, music, or art teacher.
<b>Lunch, Snack Time, and Breaks</b>	Throughout the day, students should have multiple breaks. This time could be used for eating snacks, eating lunch, physical activities, arts, etc.
<b>Flexible Academic Time and End of Day Wrap</b>	Flexible academic time and end of day wrap could include: <ul style="list-style-type: none"> <li>• Follow-up academic activities from earlier instructional blocks including independent and small group projects, current event activities, etc.</li> <li>• Free reading or writing</li> <li>• Office hours</li> <li>• End-of-day video from the teacher reviewing or previewing learning</li> <li>• Social and emotional learning activity</li> <li>• Review of homework</li> <li>• Support services aligned to a student's IEP and could include related services, transition services, or functional skill development.</li> </ul>

## MIDDLE SCHOOL

SAMPLE INSTRUCTIONAL BLOCKS	ACTIVITY EXAMPLES
<b>Morning Activities</b>	Morning activities could include: <ul style="list-style-type: none"> <li>• Live class discussion</li> <li>• Video message from teacher</li> <li>• Culture and relationship building activity</li> </ul>
<b>Core Instruction</b> <ul style="list-style-type: none"> <li>• <b>English Language Arts</b></li> <li>• <b>Math</b></li> <li>• <b>Science</b></li> <li>• <b>Social Studies</b></li> </ul>	This instruction could include: <ul style="list-style-type: none"> <li>• Pre-recorded video(s) focusing on module content and grade level standards</li> <li>• Live whole class teacher-led virtual instruction</li> <li>• Small group, differentiated instruction, one on one instruction</li> <li>• Embedded supports for diverse learners including students with disabilities and English learners</li> <li>• Independent or guided application and practice of skill (e.g. explicit writing instruction and practice, independent reading, etc.)</li> <li>• Daily checks for understanding and targeted supports</li> <li>• Computer-based and hands-on learning activities</li> </ul>
<b>Physical Activity or Related Arts</b>	This time could include learning activities from a P.E./adaptive P.E., physical therapy, music, or art teacher.
<b>Electives</b>	Student electives could include career-exploration courses and other courses connected to student interests.
<b>Lunch, Snack Time, and Breaks</b>	Throughout the day, students should have multiple breaks. This time could be used for eating snacks, eating lunch, physical activities, arts, etc.
<b>Flexible Academic Time and End of Day Wrap</b>	Flexible academic time and end of day wrap could include: <ul style="list-style-type: none"> <li>• Student electives</li> <li>• Follow-up academic activities from earlier instructional blocks including independent and small group projects, current event activities, etc.</li> <li>• Free reading or writing</li> <li>• Office hours</li> <li>• End-of-day video from the teacher reviewing or previewing learning</li> <li>• Social and emotional learning activity</li> <li>• Review of homework</li> <li>• Support services aligned to a student's IEP and could include related services, transition services, or functional skill development.</li> </ul>

## HIGH SCHOOL

SAMPLE INSTRUCTIONAL BLOCKS	ACTIVITY EXAMPLES
<b>Homeroom</b>	Morning activities could include: <ul style="list-style-type: none"> <li>• Live class discussion</li> <li>• Video message from teacher</li> <li>• Culture and relationship building activity</li> </ul>
<b>Core Instruction</b> <ul style="list-style-type: none"> <li>• <b>English Language Arts</b></li> <li>• <b>Math</b></li> <li>• <b>Science</b></li> <li>• <b>Social Studies</b></li> </ul>	This instruction could include: <ul style="list-style-type: none"> <li>• Pre-recorded video(s) focusing on module content and grade level standards</li> <li>• Live whole class teacher-led virtual instruction</li> <li>• Small group, differentiated instruction, one on one instruction</li> <li>• Embedded supports for diverse learners including students with disabilities and English learners</li> <li>• Independent or guided application and practice of skill (e.g. explicit writing instruction and practice, independent reading, etc.)</li> <li>• Daily checks for understanding and targeted supports</li> <li>• Computer-based and hands-on learning activities</li> </ul>
<b>Physical Activity or Related Arts</b>	This time could include learning activities from a P.E./adaptive P.E., physical therapy, music, or art teacher.
<b>Electives</b>	Student electives could include career-exploration courses, advanced placement courses, career and technical education courses, etc.
<b>Lunch, Snack Time, and Breaks</b>	Throughout the day, students should have multiple breaks. This time could be used for eating snacks, eating lunch, physical activities, arts, etc.
<b>Flexible Academic Time and End of Day Wrap</b>	Flexible academic time and end of day wrap could include: <ul style="list-style-type: none"> <li>• Student electives</li> <li>• Follow-up academic activities from earlier instructional blocks including independent and small group projects, current event activities, etc.</li> <li>• Free reading or writing</li> <li>• Office hours</li> <li>• End-of-day video from the teacher reviewing or previewing learning</li> <li>• Social and emotional learning activity</li> <li>• Review of homework</li> <li>• Support services aligned to a student's IEP and could include related services, transition services, or functional skill development.</li> </ul>