

Summer Learning Programs

[Summer learning programs](#) (SLPs) are designed to provide students with additional opportunities for learning and growing during the summer months. Systems should strive to create opportunities for all students to access a summer learning program.

Overview

The goal of [physical education](#) is to develop physically literate individuals who have the knowledge, skills, and confidence to enjoy a lifetime of healthful physical activity. The goal of [health education](#) is to develop healthy literate individuals who have the ability to access, understand, appraise, apply and advocate for health information and services in order to maintain or enhance one's own health and the health of others.

Best Practices and Approach

The keys to achieving high-level learning is to establish an effective learning environment through [Physical Education](#) best practice teaching:

- Opportunity to learn
 - Developmentally appropriate, maximum participation, safe & welcoming environment, ample chances to develop skill
- Meaningful content
 - [Standards-based](#), All 3 domains of learning (Cognitive, Affective, Psychomotor), fitness education & assessment
- Appropriate instruction
 - Inclusive, deliberate planning, promotes enjoyment, effort & goal-setting, exercise is not withheld or administered as punishment
- Student and program assessment
 - Ongoing and consistent, aligned with standards, formative & summative used to drive instruction and show student growth

LEAs who decide to offer SLPs to students within their jurisdiction must also offer the same program access and opportunity to participate to students with disabilities, and LEAs must be prepared to provide any IEP related modifications or reasonable 504/ADA accommodations.

Activities

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| <p>Elementary Grade Level Resources (K-5)</p> | <p>Hand Skills Activities Yoga and Mindfulness Limited Equipment - Cardio Max Kickball - Odd Ball Game Hula Hoop Igloos Activity Muscle Magic Tag Healthy Choice Tag Games for Personal and Social Responsibility Seeds to Success RMC Health Education SPACE AND SCIENCE</p> |
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| <p>Middle School Grade Level Resources (6-8)</p> | <p>Pickleball Unit Ultimate Frisbee Unit Plug & Play Fitness Unit Healthy Choice Tag Ghosts Graveyard Activity 12 HOOPS OF FITNESS Yoga and Mindfulness Rugby Unit Seeds to Success RMC Health Education</p> |
| <p>Outdoor Ed Activities</p> | <p>Louisiana State Parks</p> <ul style="list-style-type: none"> - Louisiana State Parks Programs & Events - Louisiana State Parks Louisiana State Parks - Culture, Recreation, and Tourism - Hiking - Disc Golf - Wildlife Viewing - Tours <p>Louisiana Division of Wildlife</p> <ul style="list-style-type: none"> - Archery in Louisiana Schools - Families Understanding Nature (FUN) Camp - Get Out and Fish! Community Fishing Program - Teacher Resources and Workshops <p>Outdoor Education at Home</p> |
| <p>Organizations</p> | <p>Louisiana Health, Physical Education, Recreation and Dance (LAHPERD) YMCA of the USA: the Y YMCA of the Capital Area, Baton Rouge, gym, health club, non-profit Louisiana Youth & Government - Home YMCA of Northwest Louisiana: Home Bayouland YMCA Home Louisiana State Parks Louisiana State Parks - Culture, Recreation, and Tourism Louisiana Wildlife and Fisheries Teacher Resources and Workshops Home - Big Brothers Big Sisters of America - Youth Mentoring Louisiana Farm to School Program K-12 Health and PE Standards RMC Health Education</p> |

Summer Learning Program Matrix: The [Summer Learning Program Matrix](#) provides a snapshot of the cross-curricular connections among projects. This chart will help teachers see integration opportunities when planning for summer learning experiences.