LOUISIANA DEPARTMENT OF EDUCATION

Office of Teaching and Learning

Parent Guide to Digital Responsibility

What is digital responsibility?
- Digital Responsibility is the ability to navigate digital environments in a way that is safe and responsible, and to actively and respectfully engage in these spaces. It is also the understanding that balancing time online and off has value.

How can I teach my student to be a good digital citizen?

Safety	Respect	Accuracy
Talk with your child about what is safe to share online vs. what should be kept private and who is safe to interact with. Explain what to do if they feel unsafe.	Just like you teach them to use kind words and to be friendly to people they meet in person, tell them the same rules apply online. Always be kind.	Help your child learn to tell the difference between fact and fiction (or embellished stories) online.
o Show them how to block and report unsafe people on their social media and video games o Help them with privacy settings o Read Faux Paw the Techno Cat books with young children and talk about online safety o Set ground rules and maintain open communication o Keep/charge tech in common spaces (ex. living room) o Know what apps they use	o Model what this looks like using real examples from your social media – how do you respectfully disagree with someone? o How can you help someone who is being disrespected online? o Explain which people you are comfortable with them talking to online and why o Teach respectful phrases to use in different situations	o Read the article before you share it, don't share based on the headline alone o Check the author to determine if they are a credible source o Learn about deepfakes and how to identify them and avoid sharing them o Explain possible consequences that can come from sharing inaccurate information both with regard to social inaccuracies (gossip) and news

Where can I learn more about digital citizenship?

- o StopBullying.gov - a wealth of resources and articles about bullying/cyberbullying including tips for how to talk to your child about it and how to help them if it is happening to them.
- o Social Media Basics: The Parent Network – playlist of videos talking about digital citizenship as it relates to kids on social media.
- o Family Online Safety Institute – a collection of articles, videos, and other resources about how to approach online safety topics with your child.
  - o #GoodDigitalParenting Playlist - a few short videos to help you know how to start digital citizenship conversations with your kids
- o Media Smarts Parents' Guide to Digital Citizenship – great place to find answers to questions about specific scenarios happening with your child!
- o Internet Matters Online Safety Advice for Teens – free access to expert advice on different issues teens often face online, how to deal with them as a parent (ex. How to report online grooming.), and how to help your child deal with them.

I am not very familiar with technology. Are there any resources that can help me?

- o Common Sense Media – this is a great site to learn more about movies, shows, video games, and YouTube channels and their content without having to watch yourself. The site gives parent, child, and professional ratings for the content and explanations of the ratings. Yes, even for YouTube channels!
- o BeAppSavvy – this document has an alphabetized list of over 50 apps and websites that kids often use. Each entry explains what the app or site is for and points out anything parents should know before allowing their child to use it.
- o Hidden/Ghost Apps – this document lists out several apps that people use to hide content such as photos in apps that appear to be a different common app such as the calculator.
- o Parental Control Solutions – this document explains different tools for monitoring and/or controlling your child's access to online content.

> Click here to find a sample digital citizenship contract you can use with your child. You could also create your own so it better fits your family.